**Hands-on/Supplemental Teaching Ideas**

\*\*We understand that every child learns differently at different paces. Here are a few hands-on activities that will be engaging.

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**Letters in Name:**

* **Letter Blocks:** Use letter blocks to build a child's name on every lesson.

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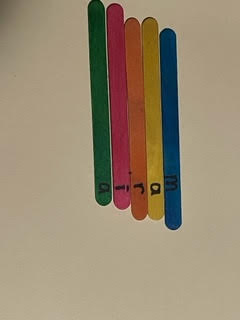
* **Legos:** with a black marker, write

the child’s name on each Lego.

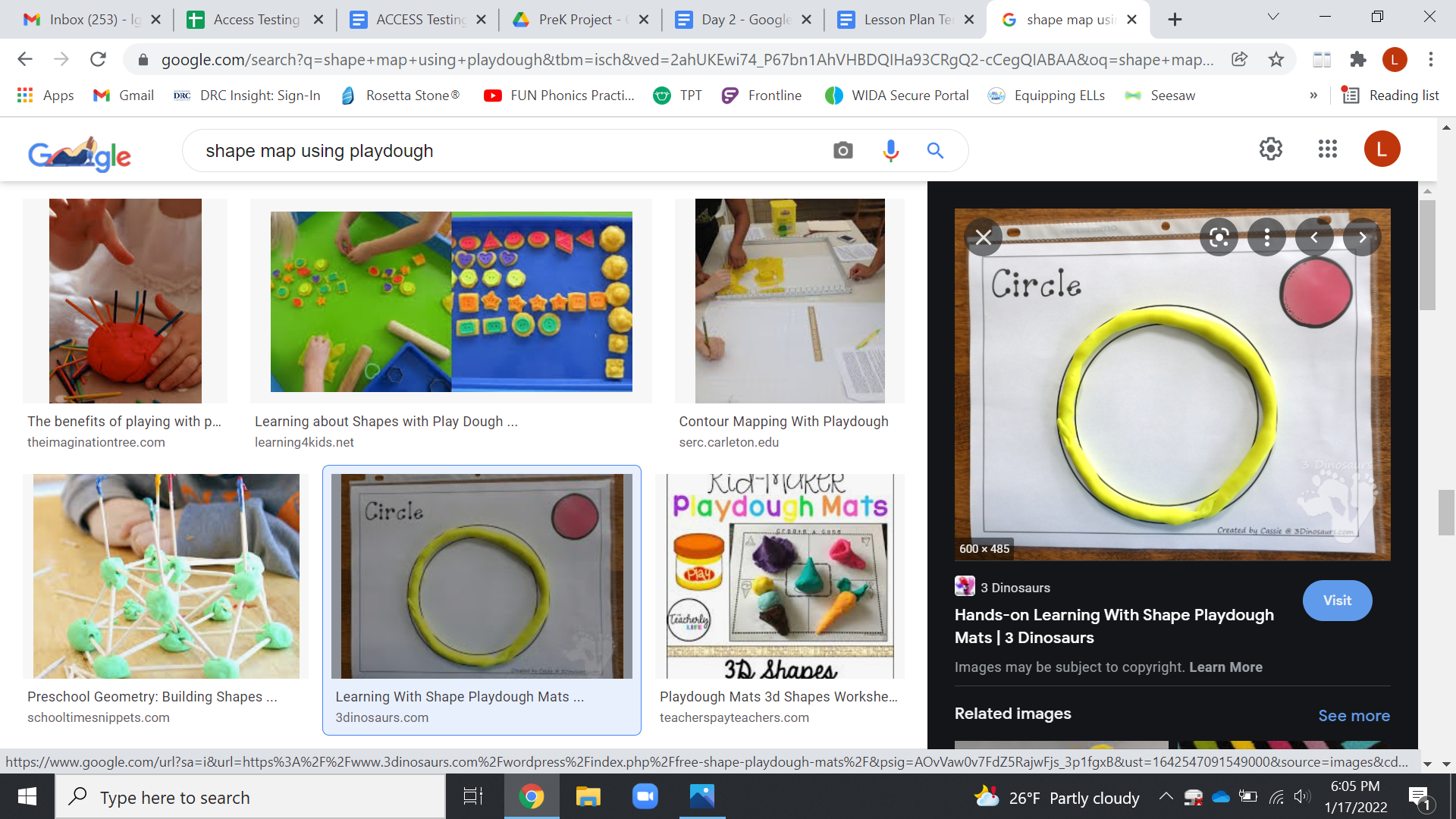
Have the child connect the Legos.



* **Bottle Caps.** Write letters of their name on water bottle caps with a permanent marker. Have the child place the letters in order.

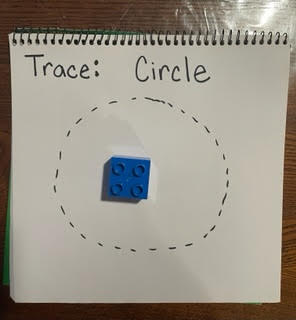


* **Popsicle Sticks**. Write the letters of their name on popsicle sticks. Have the child place the letters in order.

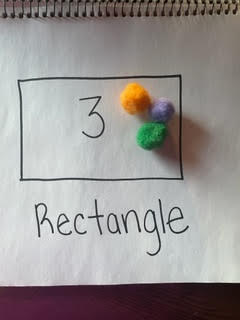
**Shapes:**

* **Playdough.** Laminate or place the shape mats in a sheet protector. Build the shape using playdough using a scaffolding system.
  + First, you show the child
  + Then you do it together,
  + Finally the child does it independently.

***\*\*\*You can also do this with the letters in the child’s name. \*\*\****

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* Draw the shape on a piece of paper and have the child trace the shape or even draw the shape independently. Then, use the playdough to build the shape.



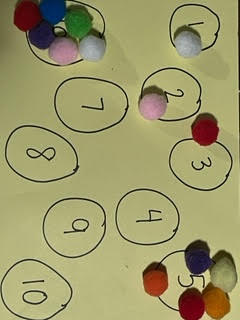
* Have the child place a specific quantity in a specific shape. For example, have the child place 3 objects in the rectangle.

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* Have the child place 2 colored objects in a specific shape.

**\*\*\*\*Child size toy tweezers are great for fine motor development. They can be used to pick up objects, especially pom-poms. .\*\***

**Numbers:**



* **Objects.** Have the child place objects in the numbered circles. This can be toys, pom-poms, beans, beads, etc…



* **Bottle Caps.** Write the numbers 1-10 on water bottle caps with a permanent marker. Have the child place the numbers in order. 
* **Popsicle Sticks**. Write the numbers 1-10 on popsicle sticks. Have the child place the numbers in order.



* **Unifix cubes** are great for counting and sorting.

***\*\*\*Helpful tip: (always touch count--meaning, touch the objects as you count)\*\*\*\****

***Other ideas..***

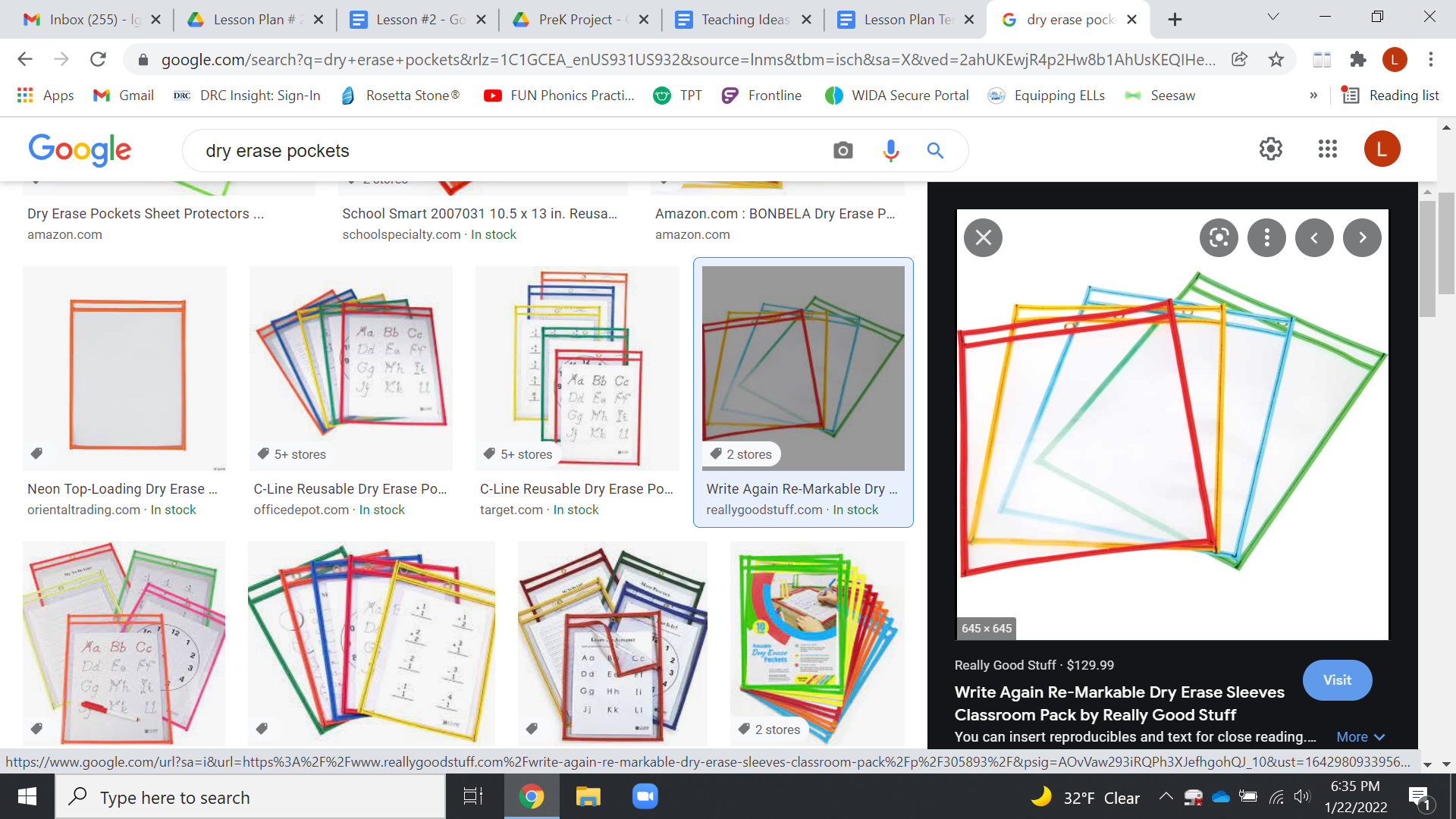
**Gross Motor Activity:**

Jump 1 time, clap 1 time, stomp 1 time, roar 1 time (emphasis on number 1, etc…)

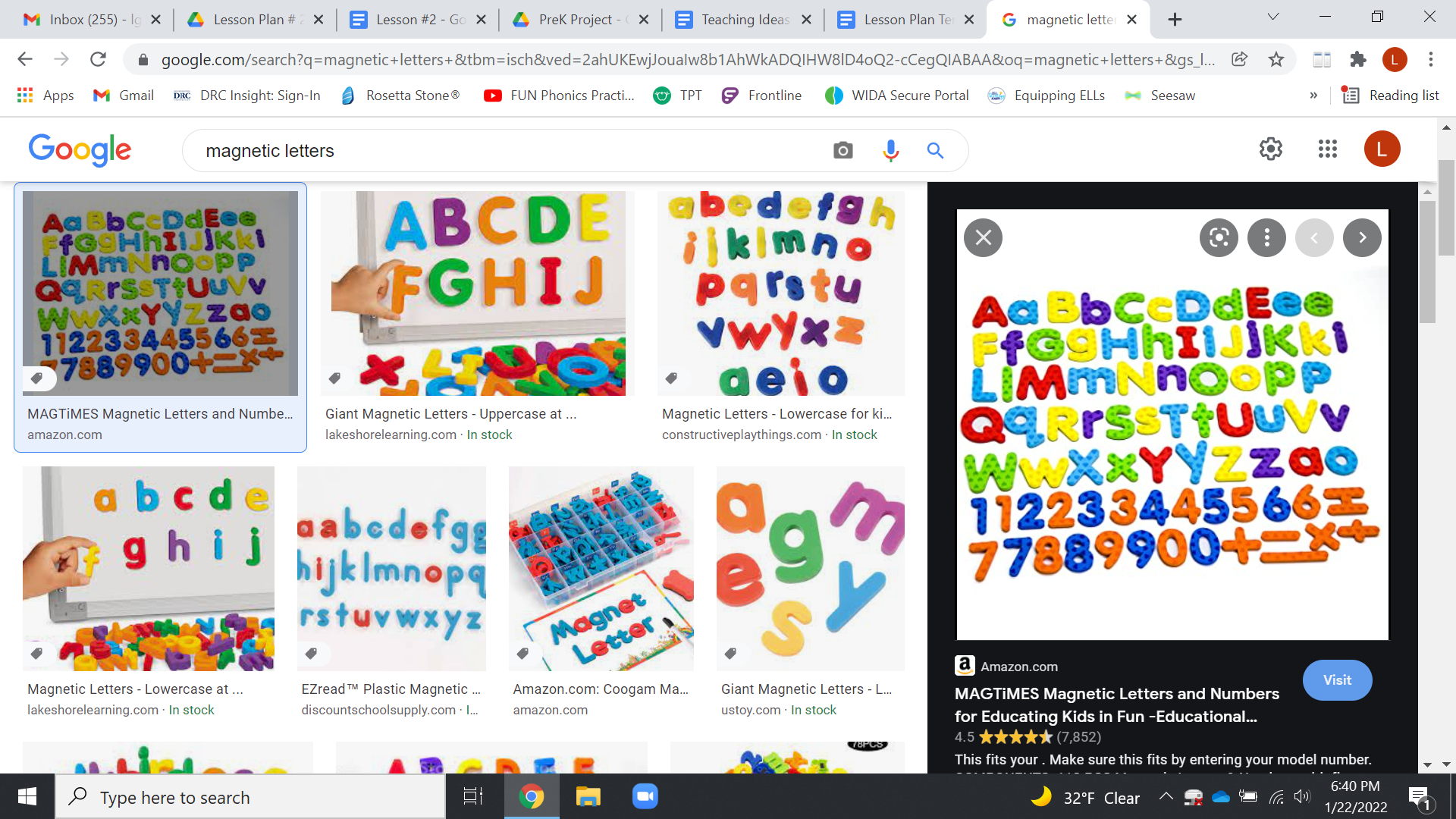














**Transition Ideas**

Either if you are working in a group or one-on-one, transitioning can be tricky. Our goal is to move from one activity to the next in a smooth way to help prevent negative behaviors by promoting self-regulation. Transition activities are those quick ideas you do during those "in-between" times and we usually have several of these each day.

**Here are some opportunities to implement a transition activity:**

* Separating from parents/guardians when arriving
* Moving from one activity to the next
* Sitting down at circle time (can be before/after Youtube Videos)
* Clean-up time
* Waiting for adults at pick-up time.

**Here are some tips:**

* Provide visuals. Include pictures to show the different activities.
* Establish routines.
* Create rituals.. For example, use certain songs for specific transitions (e.g., clean up song)
  + Teacher: “1-2-3, eyes on me” Children: “1-2, eyes on you.”
  + Teacher: “Look up. Look down. Turn around. Sit down.”
* Don’t be afraid to use concrete objects such as a timer or a bell.
* Praise, Praise, Praise!! Acknowledge behavior using their name.