**PSU Improvement Plan for**

**Social Emotional Learning (SEL) and School Mental Health (SMH)**

**(per NC SBOE Policy** [**SHLT-003**](https://drive.google.com/file/d/1jtAf-9oZX3huYL9FVNe4qoc7emJo74Ii/view?usp=sharing)**)**

Note: PSUs whose District MTSS teams have completed the Core SEL Practices course and developed a Core SEL implementation plan around instruction, curriculum, and environment will be well situated to develop a compliant local improvement plan for promoting student health and well-being by July 1, 2021, per SHLT-003 requirements.

In addition, it is strongly recommended that a local needs assessment and resource mapping be conducted prior to completing the improvement plan below. Completion of the [SHAPE Quality Assessment](https://www.theshapesystem.com/wp-content/uploads/2020/04/SMHQA-4.16-district-Version.pdf) and/or use of the [needs assessment](https://sites.google.com/dpi.nc.gov/ncdpiselremotelearning/home/recommendation-1-needs-assessment) and [resource mapping](https://sites.google.com/dpi.nc.gov/ncdpiselremotelearning/home/recommendation-2-resource-mapping) tools on the [NCDPI SEL and Crisis Response Practice Guide](https://sites.google.com/dpi.nc.gov/ncdpiselremotelearning/home) will provide the data needed for the targeted improvement planning below.

**PSU Compelling Why & Vision for SEL and School Mental Health Improvement:** [insert your vision statement here]

**CORE SEL and Mental Wellness Supports**

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| **Content** | **Action Items/Status** | **Person(s) responsible & Timeline** | **Helpful Resources** |
| SEL and MH Prevention Strengths & Needs |  |  | [FAM-S](https://www.livebinders.com/play/play/2052295?tabid=c862d507-4181-9b1a-79c9-4a95eeb7e2d8)  YRBS (Youth Risk Behavior Survey)  Annual School Health Services Report  Healthy Active Children report  PowerSchool data  Say Something App data  [SHAPE](https://www.theshapesystem.com/) (School Health Assessment and Performance Evaluation)  ECATS MTSS Early Warning System data  [District Report Card](https://ncreports.ondemand.sas.com/src/) data  [Racial Equity Report Card](https://rerc.southerncoalition.org/page/report-cards-by-year?var=stateAbbreviation:NC&var=reportCardStartYear:2018) data |
| Describe existing PSU SEL/ MH prevention initiatives | (e.g., MTSS, trauma-informed schools, restorative practices, character education, WSCC framework, bullying prevention, etc.) |  |  |
| Build/Align Infrastructure | * Adopt/implement mental health training program which includes adult SEL and mental wellness * Adopt/implement sucide risk referral protocol (school personnel who work directly with students [teachers, instructional support personnel, principals, and assistant principals; this may also include, in the discretion of the PSU other school employees who work directly with students] in grades 6-12 [required] and K-5 [recommended]) * Improve SISP staffing ratios * Engage relevant stakeholders, including families, students, community providers, and cross-system partners (e.g., county agencies, faith-based organizations, professional associations, etc.), with the goal of building school, family, and community partnerships to strengthen SEL and MH prevention |  | [FAM-S](https://www.livebinders.com/play/play/2052295?tabid=c862d507-4181-9b1a-79c9-4a95eeb7e2d8)  [SEL in Homes and Communities](https://casel.org/homes-and-communities/) |
| Align with Academic Objectives |  |  | [NC SEL Standards Mapping Documents](https://drive.google.com/file/d/1zRGgmr-bWd2pti6FR9u_oyRnWFZj9KZe/view?usp=sharing)  [Webinar Series Recordings: Integrating SEL into the Content Areas](https://drive.google.com/file/d/1AxM8JGvkhCpELWnx5XDkYxWLfE5q1EE4/view?usp=sharing)  [Aligning SEL and Academic Objectives](https://schoolguide.casel.org/focus-area-3/classroom/integration-of-sel-and-instruction/aligning-sel-and-academic-objectives/)  [Aligned SEL Sample Lesson Plan](https://drive.google.com/file/d/1bL2o-8NDvWluxsjiGZxf5lNFDSOwMCMF/view) |
| SEL/MH prevention curriculum  SEL/MH prevention instruction  SEL/MH prevention environment |  |  | [Evidence-based Programs Decision Tree](https://drive.google.com/file/d/1ihaS-Q_786Y-llL1cElh2-DhqzFtmzNT/view?usp=sharing)  [NC Professional Teaching Standard II](https://sites.google.com/dpi.nc.gov/ncees-information-and-resource/teachers)  [CASEL Supportive School/Classroom Environment](https://schoolguide.casel.org/focus-area-3/classroom/a-supportive-classroom-environment/) |
| SEL and MH prevention Data Evaluation  -student data (screening) |  |  | [Create SEL/ MH Data Evaluation Plan](https://docs.google.com/document/d/1Wf9dHAI658s2yzypx9XuSA2RwwBFaGi2fK9V1TOhOyY/edit?usp=sharing)  [School Mental Health Quality Guide: Screening](http://www.schoolmentalhealth.org/media/SOM/Microsites/NCSMH/Documents/Quality-Guides/Screening-1.27.20.pdf)  [MTSS Assessment Guidelines](https://www.livebinders.com/media/get/MTUwNDEyMjE=) |

**System of Interventions for SEL and Mental Health**

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| --- | --- | --- | --- |
| **Content & Time** | **Action Items/Status** | **Person(s) responsible & Timeline** | **Helpful Resources** |
| *Early Intervention* | * Identify students who are at risk of developing SEL and/or mental health issues at school * Identify students experiencing SEL and/or mental health issues at school * Provide intervention for at-risk or struggling students * Annually review of crisis intervention policies, practices, and personnel * Annually review of discipline policies, practices, and personnel * Ensure PSU is included in local community emergency preparedness plan |  | [MTSS Module 2.4 Develop a Behavior/ Social-Emotional and Attendance Component to System of Interventions](https://www.livebinders.com/play/play/2052295?tabid=a118a0bb-3395-5fe0-20ac-04c1a6773203)  ECATS Early Warning System |
| *Treatment, Referral, Re-entry* | * improve access to school-based and community-based services for students and their families * improve transitions between and within school and community-based services * Formalize protocol for students re-entering school following acute/residential mental health treatment |  | [Resources for Early Intervention and Treatment](https://drive.google.com/drive/folders/1SaU4QhOwCKq_kKHw8RIetUq1WzudHGf2?usp=sharing) |

**Improvement Plan Review**

* Update at each team meeting
* Review quarterly based on evaluation data