**SEL and MH Implementation Plan Outline**

**2021-2022**

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| **SEL and MH** **Action Step** | **Tasks and Next Steps** | **Date Completed** |
| **Step 1** | * **Strongly Recommended to complete Core SEL Practices Course**
	+ Located in Powerschool, find NCEES (CANVAS Course)
	+ View Module 1-6
	+ Please see this link for more information: [Click Here!](https://drive.google.com/file/d/1W4ZCSN1Ao7uwixbujHgqBkXDSM9ncqr0/view?usp=sharing)
		- This course will guide your team through developing a Core SEL Support Plan that is aligned and integrated within your Core academic & behavior supports.
		- Your team must register for the course via your District MTSS Coordinator
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| **Step 2** | * **Strongly Recommended to acquire** [**SHAPE**](https://www.theshapesystem.com/) **Quality Assessment Data and/or a needs assessment**
	+ You may need to talk to your district PRC 29 contact for this information
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| **Step 3** | * **Develop Compelling “Why” and Vision for SEL**
* **Develop Core SEL Plan after completing the modules**
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| **Step 4** | *\*\*\*\*These courses are available in the NCEES Canvas Course. Please view the* [*Model MH Training Guide*](https://www.dpi.nc.gov/media/10149/open) *for further Ideas for PD.\*\*\*\*** **Develop Staff Level Professional Development Plan**
	+ Required Courses/Topics:
		- 6 hours TOTAL of the following information (first year) and 2 hours for preceding years
		- All personnel (as defined Senate Bill 476):
			* Teachers,
			* Instructional Support Personnel,
			* Principals,
			* Assistant Principals
		- CANVAS Course or Youth MH First Aid (Both CANVAS and YMHFA would meet this criteria above)
			* “Intro to MH”
				+ Definition
				+ National & State statistics
				+ Myths & Facts
				+ Risk Factors
				+ Protective Factors
				+ Respond to Warning Signs\*
				+ Resources
			* Suicide Prevention
			* Substance abuse
			* Teenage dating violence
			* Sex trafficking prevention (every 2 years on even number of years)
				+ Child Sexual Abuse and Human Trafficking Prevention
				+ Best practices from the field of prevention
				+ The grooming process of sexual predators
				+ The warning signs of sexual abuse and sex trafficking
				+ How to intervene when sexual abuse or sex trafficking is suspected or disclosed
				+ Legal responsibilities for reporting sexual abuse or sex trafficking, and available resources for assistance
* **Develop Specialized Instructional Support Personnel (SISP) Level Professional Development Plan**
	+ Required Courses/Topics:
		- The following information may be more specific to your district:
			* SISP Roles
			* Procedures/protocols for referring for MH and access for support
			* Intervention Strategies for Students (MTSS Matrix for SEL and MH)
			* Referral & Follow Up (MH Supports)
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| **Step 5** | * **Develop Suicide Risk Protocol**
	+ Examples Suicide Risk Protocol:
		- [Cleveland](https://docs.google.com/document/d/1GQ9H_cDmZ8jgjoLNQK-xXJNijHJMNnaO-WY6lugl77M/edit?ts=605a2e2b)
		- WSFCS
			* [Outline](https://drive.google.com/file/d/1xXTIWirREMNiMuWBeTFx0Pv09I0QqTLC/view?usp=sharing)
			* [Protocol](https://drive.google.com/file/d/18bPx3XQrXSflQr-zxjslVcEwQGyBRKoT/view?usp=sharing)
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| **Step 6** | * **Memorandum of Understanding (MOU) with your LME (Local Management Entity) or School Based Mental Health Providers (Agencies)**
	+ MOU Trillium (LME Example)
	+ School Based MH Partnership Example (from SMHI Site)
		- Beaufort
		- [Cleveland](https://docs.google.com/document/d/1Vlq6q8X-d_Iaq8BoQvh5RLHFJhFZT8pDV4rv8zhZ1ZE/edit?ts=605a2e7b)
		- [Rockingham](https://docs.google.com/document/d/1oGqNqhJxbu-3tO-vHfrvJCimCly7j_dFabi9okZ1jYk/edit?usp=sharing)
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| **Step 7** | * **The MH plan must be adopted and implementation started by July 1, 2021.**
* **In most districts, adoption may mean that you may need to consider having the plan reviewed and approved by their Board of Education/Governing Body no later than July 1, 2021. Each PSU will need to review their internal process for “adoption.”**
* **Each PSU will upload the plan by September 15th with Other Healthy Active Children Policy Items.**
	+ A link will be posted by the Healthy Schools Section and School Mental Health Initiative Live DPI WebPage
	+ Each PSU has a person that is designated to upload information into this system. This is a PSU locally designated person. You will need to see your leadership to determine if you are not sure who that person would be.
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