**SEL and MH Implementation Plan Outline**

**2021-2022**

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| **SEL and MH**  **Action Step** | **Tasks and Next Steps** | **Date Completed** |
| **Step 1** | * **Strongly Recommended to complete Core SEL Practices Course**   + Located in Powerschool, find NCEES (CANVAS Course)   + View Module 1-6   + Please see this link for more information: [Click Here!](https://drive.google.com/file/d/1W4ZCSN1Ao7uwixbujHgqBkXDSM9ncqr0/view?usp=sharing)     - This course will guide your team through developing a Core SEL Support Plan that is aligned and integrated within your Core academic & behavior supports.     - Your team must register for the course via your District MTSS Coordinator |  |
| **Step 2** | * **Strongly Recommended to acquire** [**SHAPE**](https://www.theshapesystem.com/) **Quality Assessment Data and/or a needs assessment**   + You may need to talk to your district PRC 29 contact for this information |  |
| **Step 3** | * **Develop Compelling “Why” and Vision for SEL** * **Develop Core SEL Plan after completing the modules** |  |
| **Step 4** | *\*\*\*\*These courses are available in the NCEES Canvas Course. Please view the* [*Model MH Training Guide*](https://www.dpi.nc.gov/media/10149/open) *for further Ideas for PD.\*\*\*\**   * **Develop Staff Level Professional Development Plan**   + Required Courses/Topics:     - 6 hours TOTAL of the following information (first year) and 2 hours for preceding years     - All personnel (as defined Senate Bill 476):       * Teachers,       * Instructional Support Personnel,       * Principals,       * Assistant Principals     - CANVAS Course or Youth MH First Aid (Both CANVAS and YMHFA would meet this criteria above)       * “Intro to MH”         + Definition         + National & State statistics         + Myths & Facts         + Risk Factors         + Protective Factors         + Respond to Warning Signs\*         + Resources       * Suicide Prevention       * Substance abuse       * Teenage dating violence       * Sex trafficking prevention (every 2 years on even number of years)         + Child Sexual Abuse and Human Trafficking Prevention         + Best practices from the field of prevention         + The grooming process of sexual predators         + The warning signs of sexual abuse and sex trafficking         + How to intervene when sexual abuse or sex trafficking is suspected or disclosed         + Legal responsibilities for reporting sexual abuse or sex trafficking, and available resources for assistance * **Develop Specialized Instructional Support Personnel (SISP) Level Professional Development Plan**   + Required Courses/Topics:     - The following information may be more specific to your district:       * SISP Roles       * Procedures/protocols for referring for MH and access for support       * Intervention Strategies for Students (MTSS Matrix for SEL and MH)       * Referral & Follow Up (MH Supports) |  |
| **Step 5** | * **Develop Suicide Risk Protocol**   + Examples Suicide Risk Protocol:     - [Cleveland](https://docs.google.com/document/d/1GQ9H_cDmZ8jgjoLNQK-xXJNijHJMNnaO-WY6lugl77M/edit?ts=605a2e2b)     - WSFCS       * [Outline](https://drive.google.com/file/d/1xXTIWirREMNiMuWBeTFx0Pv09I0QqTLC/view?usp=sharing)       * [Protocol](https://drive.google.com/file/d/18bPx3XQrXSflQr-zxjslVcEwQGyBRKoT/view?usp=sharing) |  |
| **Step 6** | * **Memorandum of Understanding (MOU) with your LME (Local Management Entity) or School Based Mental Health Providers (Agencies)**   + MOU Trillium (LME Example)   + School Based MH Partnership Example (from SMHI Site)     - Beaufort     - [Cleveland](https://docs.google.com/document/d/1Vlq6q8X-d_Iaq8BoQvh5RLHFJhFZT8pDV4rv8zhZ1ZE/edit?ts=605a2e7b)     - [Rockingham](https://docs.google.com/document/d/1oGqNqhJxbu-3tO-vHfrvJCimCly7j_dFabi9okZ1jYk/edit?usp=sharing) |  |
| **Step 7** | * **The MH plan must be adopted and implementation started by July 1, 2021.** * **In most districts, adoption may mean that you may need to consider having the plan reviewed and approved by their Board of Education/Governing Body no later than July 1, 2021. Each PSU will need to review their internal process for “adoption.”** * **Each PSU will upload the plan by September 15th with Other Healthy Active Children Policy Items.**    + A link will be posted by the Healthy Schools Section and School Mental Health Initiative Live DPI WebPage   + Each PSU has a person that is designated to upload information into this system. This is a PSU locally designated person. You will need to see your leadership to determine if you are not sure who that person would be. |  |