



825105 - Nachos with Beef and Cheese

Source: K12 Culinary

Number of Portions: 120

Size of Portion: each

Alternate Recipe Name: Beefy Nachos

Alternate Recipe Name 2: Beef and Cheese Nachos

Components:

Meat/Alt: 2 oz

Grains: 2 oz

Fruit:

Vegetable:

Milk:

Recipe Subgroups:

Whole Grain Rich

Attributes:

HACCP Process: #2 Same Day Service

Ingredients	Measures	Instructions
825039R Taco Filling: Beef.....	7 lbs + 8 OZS (EP)	Prepare Taco Filling according to recipe. Each 10 lb of raw beef used for the recipe will yield about 7 1/2 lb edible portion (EP) of taco filling. CCP: Heat to 155° F or higher for at least 15 Seconds
825065R Nacho Cheese Sauce.....	1 3/4 gals + 2 cups	Prepare Nacho Cheese Sauce according to recipe #825065. (Note: It takes almost 2 gallons of sauce for 120 servings of beef nachos.) CCP: Heat to 135° F or higher.
826663 Tortilla Chips, WG, Bulk Frito Lay 62399...	15 lbs	For service, place 2 oz of tortilla chips in a No. 200 boat. Using a 2 oz spoodle, top with 1 oz taco meat. (Be sure to check weight of portion.) Top meat with 1/4 cup nacho cheese sauce using a 2 oz spoodle. Offer a garnish of pickled jalapeno slices as directed by the menu planner. CCP: Hold for hot service at 135° F or higher.
		Nachos are best when assembled for just in time service. Leftovers are not good quality as chips become soggy when held for long periods.

*Nutrients are based upon 1 Portion Size (each)

Calories	485 kcal	Cholesterol	56 mg	Sugars	*0.5* g	Calcium	246.50 mg	50.22%	Calories from Total Fat
Total Fat	27.08 g	Sodium	807 mg	Protein	18.94 g	Iron	1.68 mg	19.38%	Calories from Saturated Fat
Saturated Fat	10.45 g	Carbohydrates	42.30 g	Vitamin A	448.4 IU	Water ¹	*50.27* g	*0.26%*	Calories from Trans Fat
Trans Fat ²	*0.14* g	Dietary Fiber	4.38 g	Vitamin C	1.2 mg	Ash ¹	*0.44* g	34.86%	Calories from Carbohydrates
								15.61%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.