



825004 - Cheesy Baked Pasta

Source: K12 Culinary

Number of Portions: 24

Size of Portion: 2/3 cup

Components:

Meat/Alt: 2 oz

Grains: 1 oz

Fruit:

Vegetable:

Milk:

Recipe Subgroups:

Whole Grain Rich

Attributes:

HACCP Process: #2 Same Day Service

Ingredients	Measures	Instructions
825003R Marinara Sauce: School Made.....	1 qt + 1 PT	Prepare school made marinara sauce by the recipe #825003 and measure 1 1/2 quarts needed for each pan.
014429 BEVERAGES,H2O,TAP,MUNICIPAL..... 001016 CHEESE,COTTAGE,LOWFAT,1% MILKFAT.... 050459 ROTINI, WHOLE GRAIN, DRY..... 051558 Cheese, Mozzarella, Lite, Shredded.....	1 qt + 1 PINT 2 lbs + 4 ozs 1 lb + 8 ozs 1 lb	Spray 2-inch full size pan(s) with food release. Note: this recipe is made by the pan. For each pan, add 1 lb 8 oz pasta, 1 qt + 1 pint marinara sauce, 1 qt + 1 pint. water, 2 lb 4 oz cottage cheese, and 8 oz mozzarella cheese. Stir gently with a rubber spatula to combine.
		Cover pans with aluminum foil. Bake at 350° F for 35-40 minutes. Remove foil and continue to bake for another 10 to 20 minutes. Sprinkle remaining 8 oz cheese over the top and return to oven just long enough for cheese to melt. Cover and hold for service. Serve two no. 10 dishers per portion. CCP: Heat to 165° F or higher. CCP: Hold for hot service at 135° F or higher.

*Nutrients are based upon 1 Portion Size (2/3 cup)

Calories	190 kcal	Cholesterol	8 mg	Sugars	*2.8* g	Calcium	*52.18* mg	15.98%	Calories from Total Fat
Total Fat	3.37 g	Sodium	298 mg	Protein	14.73 g	Iron	*1.49* mg	8.42%	Calories from Saturated Fat
Saturated Fat	1.77 g	Carbohydrates	26.41 g	Vitamin A	*233.0* IU	Water ¹	*109.85* g	*0.00%*	Calories from Trans Fat
Trans Fat ²	*0.00* g	Dietary Fiber	2.97 g	Vitamin C	*5.6* mg	Ash ¹	*0.71* g	55.72%	Calories from Carbohydrates
								31.09%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.