

825082 - Pepperoni Pizza Flatbread

Source: K12 Culinary Number of Portions: 24 Size of Portion: each

Components:

Meat/Alt: 2 oz Grains: 2 oz

Fruit:

Vegetable: 0.5 cup

Milk:

HACCP Process: #2 Same Day Service

Recipe Subgroups: Whole Grain Rich Vegetable, Red/Orange

Meat/Meat Alter Vegetables

Attributes:

Grain

Ingredients	Measures	Instructions Thaw flatbread overnight at room temperature.			
826494 Flatbread, Oven Fired, WGR, Rich's 14010	24 each, 2.2 oz				
825003R Marinara Sauce: School Made	1 qt + 1 PT	Prepare Marinara Sauce according to the recipe. Use 1 1/2 quart totop flatbreads and save 1 1/2 quarts to portion for additional dippiing sauce. Store any leftover sauce in refrigerator and use for other recipes.			
001032 CHEESE,PARMESAN,GRATED	12 ozs 2 lbs + 4 ozs 120 slice, 1.75g	Combine parmesan and pizza blend cheese. Spray full size sheet pan(s) with pan release. Place 8 flatbreads on each full size sheet pan. Using a 2 oz. spoodle, top each flatbread with ¼ c marinara sauce. Use the bottom of the utensil to spread the sauce. Using a 4 oz. spoodle, distribute 2 oz. of cheese mixture evenly over the top of the sauce on each flatbread. Place 5 slices of pepperoni on each flatbread over top of cheese. Bake in convection oven at 375 degrees F for about 5 minutes. CCP: Heat to 135° F or higher.			
825003R Marinara Sauce: School Made	1 qt + 1 PT	Portion 1/4 cup Marinara Sauce into 2 oz portion cups. Serve 1 flatbrad with cup of Marinara Sauce. This recipe is best quality when prepared for just in time service to avoid excessive leftovers. CCP: Hold for hot service at 135° F or higher			

*Nutrients are based upon 1 Portion Size (each)

Calories	458 kcal	Cholesterol	49 mg	Sugars	*3.6* g	Calcium	451.16 mg	43.17% Calories from Total Fat
Total Fat	21.98 g	Sodium	1103 mg	Protein	21.95 g	Iron	*1.58* mg	21.26% Calories from Saturated Fat
Saturated Fat	10.83 g	Carbohydrates	43.78 g	Vitamin A	914.5 IU	Water ¹	*10.18* g	*0.24%* Calories from Trans Fat
Trans Fat ²	*0.12* g	Dietary Fiber	3.56 g	Vitamin C	5.2 mg	Ash ¹	*1.08* g	38.21% Calories from Carbohydrates

19.16% Calories from Protein

- *N/A* denotes a nutrient that is either missing or incomplete for an individual ingredient
- * denotes combined nutrient totals with either missing or incomplete nutrient data
- ¹ denotes optional nutrient values
- ² Trans Fat value is provided for informational purposes only, not for monitoring purposes.