



## 825196 - Sweet Taco Tater

Source: Farm to School

Number of Portions: 25

Size of Portion: each

Alternate Recipe Name: Sweet Potato Taco

### Components:

Meat/Alt: 2.5 oz

Grains:

Fruit:

Vegetable: 1 cup

Milk:

### Recipe Subgroups:

Vegetable, Red/Orange

### Attributes:

Meat/Meat Alter

Vegetables

HACCP Process: #2 Same Day Service

Ingredients	Measures	Instructions
011508 SWEET POTATO,CKD,BKD IN SKN,WO/ SALT...	25 each, 100 ct	Using a vegetable brush, lightly scrub sweet potatoes under running water. Line full size sheet pan with parchment paper. Place 25 potatoes on each pan. Bake at 350 degrees F for 35 to 40 minutes until fork tender. <b>CCP:</b> Heat to 135° F or higher.
825039R Taco Filling: Beef.....	3 lbs + 2 OZS (EP)	Prepare Beef Taco Filling according to recipe #825039.  <b>CCP:</b> Heat to 155° F or higher for at least 15 Seconds
051556 Cheese, Cheddar, Yellow, Reduced Fat, Sh..... 051558 Cheese, Mozzarella, Lite, Shredded.....	6 ozs 6 1/2 ozs	<b>CCP: No bare hand contact with ready to eat food.</b> Weigh cheese and toss lightly to combine.  <b>CCP: Hold at 41 degrees F. or lower.</b>
		Cut slit in top of cooked potatoes and place potatoes in 2 inch deep steamtable pan. Top each potato with 2 ounces of prepared beef taco filling using number 12 disher, and ½ ounces of cheese blend using a number 30 disher. <b>CCP:</b> Hold for hot service at 135° F or higher

\*Nutrients are based upon 1 Portion Size (each)

Calories	375	kcal	Cholesterol	52	mg	Sugars	*15.5*	g	Calcium	*103.97*	mg	24.67%	Calories from Total Fat
Total Fat	10.27	g	Sodium	252	mg	Protein	22.16	g	Iron	*3.20*	mg	10.84%	Calories from Saturated Fat
Saturated Fat	4.51	g	Carbohydrates	49.33	g	Vitamin A	*43696.6*	IU	Water <sup>1</sup>	*213.19*	g	*0.66%*	Calories from Trans Fat
Trans Fat <sup>2</sup>	*0.28*	g	Dietary Fiber	7.84	g	Vitamin C	*45.4*	mg	Ash <sup>1</sup>	*3.85*	g	52.64%	Calories from Carbohydrates

	23.65% Calories from Protein
<p>*N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient</p> <p>* - denotes combined nutrient totals with either missing or incomplete nutrient data</p> <p><sup>1</sup> - denotes optional nutrient values</p> <p><sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.</p>	

Allergens							
Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
?	?	?	?	?	?	?	?
YES = Present    NO = Absent    ? = Undefined							