

# School Nutrition Update

November 2, 2020



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- Access Virtual Training Resources from ICN, SNA and NCDPI

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## Program Operations Information

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### **Submit Meal Counts Daily**

North Carolina is still in a state of emergency related to the Coronavirus (COVID-19). As such, the North Carolina Department of Public Instruction (NCDPI) must report daily meal counts to the N.C. Emergency Operations Center. Please use the [new link](#) to the updated survey to submit meal count data daily by 6 pm. If you have questions or issues submitting the data, please reach out to [Janet Johnson](#).

### **Reference the USDA COVID-19 Waiver Recap Tool**

The Recap of USDA FNS COVID-19 Waivers, from NCDPI, School Nutrition Services, has been updated through Child Nutrition Response #70. The recap includes the waiver number, regulations to which it refers, a brief description of what you need to know and do, the issuance and expiration dates and links to the related USDA memos. The updated recap tool has been posted in the School Nutrition Technology System (SNTS).



Waiver Number	Regulations	Description	Issuance Date	Expiration Date
70	7 CFR 201.10(a)(1)(ii)	Waiver of the requirement that the meal be prepared in a kitchen.	1/20/20	12/31/21
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## Summer Nutrition

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### **Need Assistance with Cartewheel?**

Cartewheel Meal Counter Initialization is now working under the 2020-21 program year for SFSP sponsors. (This function previously wasn't working.) If you are using Cartewheel, sites will need to be re-initialized each time site applications are updated in SNTS. If you have meal counting questions or you are interested in using Cartewheel, please contact Jessica Barkiewicz, [jessica.barkiewicz@dpi.nc.gov](mailto:jessica.barkiewicz@dpi.nc.gov).

**Optional Office Hours** - Jessica will be available to answer any specific Cartewheel questions during the following times. (Cartewheel is optional to use during COVID operations.)

- Thursday, Nov. 5th @ 10-11am  
Join by [video](#), Meeting number: 171 442 0618, Password: Wgd3YKxNb26  
Join by phone: +1-415-655-0003 US Toll OR +1-904-900-2303 United States Toll (Jacksonville)  
Access code: 171 442 0618
- Thursday, Nov. 19th @ 2-3pm  
Join by [video](#), Meeting number: 171 738 2093, Password: pQEHf7Wbv85  
Join by phone: +1-415-655-0003 US Toll OR +1-904-900-2303 United States Toll (Jacksonville)  
Access code: 171 738 2093

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## School Nutrition Spotlight

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### ***Cumberland County Schools Explore with E-Backyard Adventure***

With the e-Backyard Adventure, Cumberland County School Nutrition offered a picnic meal and pamphlets for students guiding them to an educational adventure in their own backyards. Students could return their completed pamphlet to receive a prize. School Nutrition staff decorated their meal sites with the theme, connecting nutrition and physical activity.



### ***Crunch Time in Brunswick County Schools***

Nearly 5,500 apples were crunched in Brunswick County Schools as part of the #NCCrunch National Farm to School Month celebration! Staff from BCS Child Nutrition and the Migrant/English as a Second Language Program promoted healthy eating during #F2SMonth inside the elementary and middle schools. Buncombe County Schools and Cooperative Extension partnered for the N.C. Crunch celebration.



### ***Countywide Crunch in Buncombe County Schools***

Buncombe County Schools highlighted fruits and vegetables from A to Z on social media for Farm to School Month. On Thursday, October 22, BCS students and staff joined in a unified moment of crunch by taking a bite out of a delicious locally grown apple! Apple Ridge Farms in Hendersonville supplied a wide variety of apples for crunching.



### ***Topsail High Hosted N.C. Crunch Day***

The FCCLA, HOSA, FFA, and DECA student clubs at Topsail High in Pender County collaborated to host their first ever North Carolina Crunch Day on October 21 with outside activities for students and staff to learn about local food. All 350+ students received a free North Carolina grown apple to enjoy. Check out a [video](#) about the event.



### ***Submit a School Nutrition Spotlight***

We love lifting up our #NCSchoolNutritionHeroes! If you know of a North Carolina School Nutrition professional that has received an award, honor or other recognition, please share for an upcoming School Nutrition Spotlight. Please send details to Tracey Bates, [tracey.bates@dpi.nc.gov](mailto:tracey.bates@dpi.nc.gov).

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## Nutrition Education & Promotion

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### ***Use the Food Calendar for Ideas and Resources***

The University of Nebraska- Lincoln, Institute of Agricultural and Natural Resources offers a calendar of food days, weeks, and months. Check out the [calendar](#) for ideas and links to resources for nutrition education and promotion.

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### ***Connect and Promote through Social Media***

We would love to highlight your efforts to provide nutritious meals and nutrition education to children. Remember to tag and follow us on social media (@Ray4NCKids and @NCSchoolMeals).

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## **Grants**

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### ***Apply for the COVID-19 Emergency School Nutrition Funding Grant***

GENYOUth is providing grants of up to \$3,000 per school to supply much-needed resources for meal distribution and delivery efforts to get food to students during COVID-19 because this equipment will help ensure our children continue to receive the nutritious meals they need. Applications will be reviewed and approved on a rolling basis. [Learn more and apply.](#)

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### ***Check out the FY 2021 USDA Farm to School Grants RFA***

The fiscal year (FY) 2021 USDA Farm to School Grant Program Request for Applications (RFA) is now available through grants.gov. Be sure to visit the Grant Applicant Resources [page](#) to access other helpful resources, including links to webinars that provide specific assistance on applying for a Farm to School Grant. Submit a Farm to School Grant application at [grants.gov](#).

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## **Continuing Education**

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### ***Going Local Virtually - Using Sweetpotatoes as Content Creators: 11/4, 4 pm ET***

Join this exciting virtual session to explore resources from the N.C. Farm Bureau, Ag in the Classroom and learn how you can use the humble sweetpotato to make agricultural education more relevant and engaging for your students in in-person and virtual learning environments. Register [here](#).

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### ***SNA Webinar - How to Become a More Inclusive Team Member: 11/5, 3 pm ET***

Everyone wants to work on a team where they feel welcome, respected and valued. Join the School Nutrition Association and diversity, equity and inclusion expert, Dr. Nika White, for guidance to help you create a more inclusive environment. She'll also unlock the secrets to great teamwork and share how you can take small steps that will make a BIG difference every day! [Learn more and register here.](#)

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## **CFSA Virtual Sustainable Agriculture Conference: 11/4-8**

Join the Carolina Farm Stewardship Association for the 35<sup>th</sup> Sustainable Agriculture Conference. The virtual conference offers 50+ live-streamed workshops over November 4-8. Attendees have access to the recorded sessions for a full year. [Learn more and register.](#)

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## **Access Virtual Training Opportunities from ICN, SNA and NCDPI**

The Institute for Child Nutrition (ICN) has compiled [resources to help prevent the spread of the Coronavirus](#). Online food safety/HACCP training is available on the NCDPI, School Nutrition [website](#) and the ICN [website](#). Additional continuing education resources are available on the School Nutrition [website](#) from NCDPI, ICN, the School Nutrition Association and other agencies and organizations. The Academy of Nutrition and Dietetics offers [COVID-19 professional resources](#) for Registered Dietitians/Nutritionists (RDNs) and Dietetic Technicians, Registered (DTRs), and [continuing professional education resources](#).

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## Questions

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If you have any questions regarding these updates, please reach out to your regional consultants. Contact information for your Zone teams can be found [here](#).

### **USDA Nondiscrimination Statement**

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

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To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [How to File a Complaint](#), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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