

School Nutrition Update

June 19-23, 2023



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Program Operations Information

Provide Feedback on Draft 2023 N.C. Health and Physical Education Standards

The N.C. State Board of Education Standard Course of Study Manual specifies that the N.C. Department of Public Instruction (NCDPI) will formally collect feedback from educators, administrators, parents, students, institutions of higher education, business/industry representatives, national organizations, and other education agencies on each draft of the revised K-12 Health and Physical Education Standards. Surveys have been released to gather feedback on the first draft of the proposed 2023 K-12 Health and Physical Education Standards. The purpose of this survey is to obtain input from all stakeholders regarding the proposed K-12 Health and Physical Education Standards and to inform any additional revisions, which may include changes, clarifications, additions, deletions, or replacements to the draft standards. The surveys will close on **September 18th, 2023**.

To access the surveys and provide feedback, use the links below:

- [2023 Stakeholder K-5 Health Education Draft 1 Standard by Standard Survey](#)
- [2023 Stakeholder 6-9 Health Education Draft 1 Standard by Standard Survey](#)
- [2023 PSU K-9 Physical Education Draft 1 Standard by Standard Survey](#)

For a copy of the Draft 1 Standards, please use the links below and open the Healthful Living tab:

- [Draft 1 Health Education Standards](#)
- [Draft 1 Physical Education Standards](#)

Thank you for your participation. Your feedback is extremely valuable to the Healthful Living standards revision process.

Promote N.C. Summer Nutrition Programs – Destination Summer!

The theme for 2023 N.C. Summer Nutrition Programs is “Destination Summer”. Please promote summer meal sites as the place to be for kids and teens for food, fitness, farm to summer activities, and fun! Let families know how they can find free summer meals for their kids and teens:

- Text FOOD (English) or COMIDA (Spanish) to 304-304.
- Call the USDA National Hunger Hotline: 1-866-3-HUNGRY (1-866-348-6479) for information in English or 1-877-8-HAMBRE (877-842-6273) for information in Spanish.
- Check their school or district website or social media.
- Use an interactive, online map. Visit summermeals4nckids.org. Click on FIND MEALS. Scroll down to find the link to the N.C. Site Finder Map.



Free promotional resources for summer meals are available from [No Kid Hungry](#), the [Carolina Hunger Initiative](#), and the [NCDPI, Office of School Nutrition](#). NCDPI will be working to create and share additional promotional resources throughout the summer.

Make sure your Summer Food Service Program (SFSP) site applications are up to date in the School Nutrition Technology System (SNTS). Data from the SNTS is submitted weekly to the texting service powered by No Kid Hungry, the USDA National Hunger Hotline, and the NCDPI, N.C. Site Finder Map. It may be helpful to double check that the information is correct and current for your summer meal sites in these resource listings.

School Nutrition Spotlight

Check Out N.C. K-12 Culinary Institute Media Coverage

The summer 2023 N.C. K-12 Culinary Institute workshops launched last week. Onslow County Schools and Rowan-Salisbury Schools hosted the first in the series of workshops across the state. The institute received coverage by [WLOS-TV Asheville](#) and the [Salisbury Post](#). The N.C. K-12 Culinary Institute was also featured in the [School Nutrition Association SmartBrief](#). Read the [statewide press release](#). We are looking forward to the rest of the workshops. Stay tuned to @NCSchoolMeals on social media for photos. Our appreciation goes out to the N.C. K-12 Culinary Institute team, school district host sites, and participants!



Follow/Like Us on Social Media

Did you know you could find the NCDPI, Office of School Nutrition on social media? Follow or like our pages - @NCSchoolMeals and @Ray4NCKids on Facebook, Instagram, and Twitter.

Share Your School Nutrition Photos

The NCDPI, Office of School Nutrition wants to highlight the appealing, wholesome, quality meals our School Nutrition Programs across the state offer to students each day. Share your beautiful photos of serving lines and complete school breakfast or school lunch meals with us. Please send to Tracey Bates, NCDPI School Nutrition Promotion Specialist, at tracey.bates@dpi.nc.gov. Make sure to include the school and district info so we can aim to credit the source. Be on the lookout for photos of school meals from across the state on social media.



Wayne County Schools

Send in Articles or Topics of Interest for the School Nutrition Update E-letter

If you have a resource, grant, job opportunity, continuing education event, award announcement, shout out or other news item for the School Nutrition Update, please send a brief article (250 words or less) to Tracey Bates, tracey.bates@dpi.nc.gov, by 12 pm on the Wednesday prior to when the SN Update is sent out the following week. Please include “**SN Update**” in the email subject line. If there are topics of interest you would also like to see included, please share as well.

Nutrition Education & Promotion

Celebrate Pollinator Week

Pollinator Week this year is June 19-25! This is an annual event celebrated around the world in support of pollinator health. It's a time to celebrate pollinators and spread the word about what we can do to protect them. Pollinators are important for fruits, vegetables, flowers, herbs, and more. This Pollinator Week will focus on the connection between climate and pollinators. Learn more about [Pollinator Week](#). Access pollinator resources in the Farm to School Coalition of North Carolina [Resource Hub](#).



Continuing Education

Learn Tips for Transitioning from Summer to Afterschool Meals – 6/20, 3 pm ET

The summer is nearing a close, but meals do not have to! Join No Kid Hungry on June 20 at 3 pm to learn how your organization can use the CACFP At-risk Afterschool Meals Program to serve meals after school, on weekends, and over holiday breaks. You will hear from three experts on how they seamlessly transition from serving summer to afterschool meals. You will also hear tips on maintaining sites and streamlining operations for the two programs. Speakers include Maggie Lynch, Director of Nutrition Services at the MetroWest YMCA and Andrea Garcia Schoelzel, Health Initiatives Administrator at the City and County of Denver's Office of Children's Affairs. [Learn more and register](#).

Structuring Impactful School Garden Professional Development – 6/21, 2 pm ET

This webinar hosted by the School Garden Support Organization Network on June 21 at 2 pm ET will dive into two professional development methods for school gardens. From full-day workshops to short mini-trainings, there are many ways to provide in-person professional development to teachers and educators so that they can confidently conduct garden-based education. [Learn more and register](#).

Uniting for a Just Local Food System Through Healthy School Meals for All Policies (Part 1) – 6/22, 2:30 pm ET

Join the National Farm to School Network on June 22 at 2:30 pm ET for the first of their two-part webinar series highlighting Colorado's successful passage of the healthy school meals for all policy. In this first webinar, you will hear from Patience Kabwasas with Food to Power, and Tomas German-Palacios with The Good Food Collective, two members of Colorado's Healthy School Meals for All Coalition. They will share insights on how their policy emerged, its role in strengthening the local food system, and how others can replicate their success by asking, "Who's at the table?" [Learn more and register](#).

Participate in Indigenous Foodways in the Classroom Series

Join the Laurie M. Tisch Center for Food, Education & Policy for a free series on bringing Indigenous foodways into the classroom. [Learn more, access webinar recordings, and register](#). Upcoming webinars in the series:

- Centering Nourishment in Food Education, facilitated by Maya Marie, Founder of Deep Routes - June 22, 2023, 3:00 pm ET
- How Unsettling Curriculum Supports Food (and other) Sovereignties, facilitated by Rachel Talbert, Postdoctoral Fellow at Teachers College, Columbia University - June 30, 2023, 3:00 pm ET

Access Virtual Training Opportunities

The Institute of Child Nutrition (ICN) has compiled [resources to help prevent the spread of the Coronavirus](#). Online food safety/HACCP training is available on the NCDPI, School Nutrition [website](#) and the ICN [website](#). Additional continuing education resources are available on the School Nutrition [website](#) from NCDPI, ICN, the School Nutrition Association and other agencies and organizations. The Academy of Nutrition and Dietetics offers [continuing professional education resources](#) for Registered Dietitians/Nutritionists (RDNs) and Dietetic Technicians, Registered (DTRs).

Questions

If you have any questions regarding these updates, please reach out to your [regional consultants](#).

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- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) (833) 256-1665 or (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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