



825021 - Seasoning Blend, Pasta

Source: K12 Culinary

Number of Portions: 14.333

Size of Portion: TBSP

Alternate Recipe Name: Pasta Seasoning Blend

Components:

Meat/Alt:

Grains:

Fruit:

Vegetable:

Milk:

Recipe Subgroups:

Attributes:

Condiments

HACCP Process: No HACCP Process

Ingredients	Measures	Instructions
001032 CHEESE,PARMESAN,GRATED....	1/4 cup	CCP: No bare hand contact with ready to eat food. Combine the Parmesan cheese, red pepper flakes, paprika, oregano, basil, granulated garlic, and onion powder and stir until evenly blended. Be sure to use granulated garlic, not garlic powder, to make sure product will sprinkle freely. Store in a plastic seasoning container in a cool, dry location until ready to use.
901088 PEPPERS, CRUSHED RED.....	1/4 cup	
002028 PAPRIKA.....	1/4 cup	
002027 SPICES,OREGANO,DRIED.....	2 tsp	
002003 SPICES,BASIL,DRIED.....	2 tsp	
799903 GARLIC,GRANULATED.....	2 tsp	
002026 ONION POWDER.....	1 tsp	

*Nutrients are based upon 1 Portion Size (TBSP)

Calories	15 kcal	Cholesterol	2 mg	Sugars	*0.2* g	Calcium	20.24 mg	45.45%	Calories from Total Fat
Total Fat	0.74 g	Sodium	33 mg	Protein	0.85 g	Iron	0.43 mg	19.09%	Calories from Saturated Fat
Saturated Fat	0.31 g	Carbohydrates	1.70 g	Vitamin A	1313.7 IU	Water ¹	*0.65* g	*0.94%*	Calories from Trans Fat
Trans Fat ²	*0.02* g	Dietary Fiber	0.74 g	Vitamin C	0.1 mg	Ash ¹	*0.29* g	46.47%	Calories from Carbohydrates
								23.28%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.