Banh Mi with Turkey Meatballs and Slaw

A crispy whole wheat sub is filled with Asian-flavored meatballs, cucumbers, and a purple cabbage slaw.
Carolina Pork BBQ Nachos

The bowl features fluffy brown rice, grilled chicken, roasted vegetables, a cucumber tomato salad, and romaine lettuce bringing the flavors of the Mediterranean to schools in North Carolina.
Country Caviar Bison Bowl

Adding southwest flavors and flavorful North Carolina raised Bison as the base to the Country Caviar Bison Bowl, we are bringing the wild west to the lunchroom. The bison is combined diced green chilies, topped with sauteed spinach and sweet and spicy sweet potatoes. Garnished with sour cream and fresh microgreens, this hearty dish is ideal to tame the open range.
Southern Style Corn Pudding with Pork

Southern flavors of pork, cheddar, and BBQ take corn pudding to the next level in this twist on a Southern favorite.
Asian Exploration

This recipe is a wonderfully healthy and flavorful Asian inspired dish resembling an unpacked eggroll with a citrus twist.
Asian-style Turkey Meatballs with Fried Rice

Baked Asian turkey meatballs that are tender and flavorful are served with a tasty hoisin-based sauce alongside a deliciously nutritious bed of fried rice with peas and carrots.
Sweet Carolina Chicken Bang Bang

Sweet Carolina Chicken Bang Bang is hearty and comforting with an explosion of flavor and color. Packed with protein and filling complex carbohydrates, this dish combines chicken with two varieties of beans. It is a taste bud explosion combining the earthy flavor of cumin, heat of chili powder, subtle garlic, and smoky paprika. The sweetness from the corn and sweet potato paired with a slight heat will surely warm the belly and soul.
South of the Smokies

This recipe features a hearty bowl of brown rice and black beans topped with skillet roasted corn and poblano peppers. A squeeze of lime compliments the smoky flavors of coriander and cumin. Add a drizzle of creamy chipotle sauce for a tangy zing. This entree is so delicious and hearty you won't even care that it's vegetarian.
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