



825065 - Nacho Cheese Sauce

Source: K12 Culinary

Number of Portions: 64

Size of Portion: 1/4 cup

Components:

Meat/Alt: 1.25 oz

Grains:

Fruit:

Vegetable:

Milk:

Recipe Subgroups:

Attributes:

Legumes

HACCP Process: #2 Same Day Service

Ingredients	Measures	Instructions
050342 CHEESE, AMERICAN, YELLOW, PASTEURIZED, P.... 014429 WATER,MUNICIPAL.....	5 lbs 1 qt + 1 cup	Spray a half size 4 or 6 inch pan with pan release. Stack cheese in 5 inch high portions. Using a chef's knife, cut the stacks 4X4 (this helps the cheese to melt faster). Place 5 lbs. of cheese and 1 qt. and 1 cup of water in the prepared pan. Steam covered (or uncovered if using a combi steamer) for 25 minutes. Steam longer if cheese is not fully melted. CCP: Heat to 135° F or higher.
825024R Seasoning Blend, Mexican..... 050540 SALSA, LOW-SODIUM, CANNED..... 014429 WATER,MUNICIPAL.....	1 Tbsp 1 cup 1 qt	Prepare school made Mexican seasononig according to the recipe. Using a stiff whisk, add 1 cup salsa, 1 tablespoon school made Mexican Seasoning, and 1 quart of water and stir cheese until smooth - about 2 minutes (cheese may appear thin, but will thicken during holding). Cover and hold until service. Serve 1/4 cup using 2 oz. spoodle to provide 1 1/4 oz eq meat alternate. Nachho cheese sauce may also be used in other recipes such as nachos or southwestern macaroni and cheese. CCP: Hold at 135° F or higher.

*Nutrients are based upon 1 Portion Size (1/4 cup)

Calories	134 kcal	Cholesterol	34 mg	Sugars	*0.0* g	Calcium	196.59 mg	74.44%	Calories from Total Fat
Total Fat	11.08 g	Sodium	533 mg	Protein	7.91 g	Iron	0.16 mg	46.84%	Calories from Saturated Fat
Saturated Fat	6.98 g	Carbohydrates	0.86 g	Vitamin A	371.0 IU	Water ¹	*33.30* g	0.00%	Calories from Trans Fat
Trans Fat ²	0.00 g	Dietary Fiber	0.06 g	Vitamin C	0.2 mg	Ash ¹	*0.04* g	2.57%	Calories from Carbohydrates
								23.62%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.