



825081 - Granola

Source: K12 Culinary

Number of Portions: 75

Size of Portion: 1/4 cup

Alternate Recipe Name: Crunchy Granola Topping

Components:

Meat/Alt:

Grains: 1 oz

Fruit:

Vegetable:

Milk:

Recipe Subgroups:

Whole Grain Rich

Attributes:

Grain

HACCP Process: No HACCP Process

Ingredients	Measures	Instructions
826508 Olive Oil Blend 90/10, Colavita L116.....	1 1/4 cups	Preheat oven to 300 F. Combine oil, brown sugar, honey and cinnamon in a large bowl or container. Using a whisk, mix until combined.
019334 SUGARS,BROWN.....	1 1/4 CUPS (packed)	
019296 HONEY.....	1 1/4 cups	
002010 CINNAMON,GROUND.....	3 Tbsp + 1 tsp	
050456 OATS, ROLLED, UNENRICHED, QUICK, DRY, NO...	2 lbs + 10 ozs	Weigh oats and add to sugar and oil mixture. Using a spatula, stir to evenly coat oats. Spread oat mixture in a very thin single layer on full size sheet pans. Use 3 to 4 full size sheet pans for 75 servings. Bake at 300 degrees F for 20-25 minutes or until granola turns golden brown. Watch carefully to avoid scorching! Granola will continue to crisp once removed from the oven.
009079 CRANBERRIES,DRIED,SWTND.....	3 3/4 cups	Allow to cool completely before adding dried cranberries. Once completely cool, transfer to airtight container. Store at room temperature for up to three weeks. Serve 1/4 c. using a no. 16 disher (for 1 oz eq grain) or 1/2 c. using no. 8 disher for (2 oz eq grain) according to menu requirements.

*Nutrients are based upon 1 Portion Size (1/4 cup)

Calories	145 kcal	Cholesterol	0 mg	Sugars	*12.6* g	Calcium	15.74 mg	29.98%	Calories from Total Fat
Total Fat	4.81 g	Sodium	2 mg	Protein	2.62 g	Iron	0.78 mg	2.81%	Calories from Saturated Fat
Saturated Fat	0.45 g	Carbohydrates	23.14 g	Vitamin A	3.8 IU	Water ¹	*2.01* g	*0.00%*	Calories from Trans Fat
Trans Fat ²	*0.00* g	Dietary Fiber	2.10 g	Vitamin C	0.1 mg	Ash ¹	*0.05* g	64.04%	Calories from Carbohydrates
								7.24%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.