



825034 - Chicken Taco Filling

Source: K12 Culinary
Number of Portions: 53
Size of Portion: 1/4 cup

Components:

Meat/Alt: 1.5 oz
Grains:
Fruit:
Vegetable:
Milk:

Recipe Subgroups:

Attributes:

Ethnic Foods
Meat/Meat Alter

HACCP Process: #2 Same Day Service

Ingredients	Measures	Instructions
050420 CHICKEN, DICED, COOKED, IQF, MEAT ONLY....	5 lbs	Thaw diced chicken in refrigerator two days prior to service.
825024R Seasoning Blend, Mexican.....	1 Tbsp + 1 tsp	Combine thawed chicken and seasonings In a 4 inch deep half size steamtable pan,. Using clean gloved hands, work the seasoning into chicken.
826501 Base, Chicken, Low NA, no MSG, Sysco..... 014429 WATER,MUNICIPAL.....	1/2 TSP (AP) 1/2 cup	Combine chicken base and warm water. Mix until base is completely diluted in water. Pour seasoned water over chicken. Cover and store in refrigerator overnight. CCP: Store in the refrigerator at 41 degrees F. or below.
		On day of service, cover diced, seasoned chicken and heat in the steamer. Do not overcook as meat will shrink. Serve 1 ½ oz. weight of chicken using a 2 oz. spoodle. CCP: Heat to 135° F or higher.
		CCP: Hold for hot service at 135° F or higher
		Cool leftovers and reheat for service within 72 hours. CCP: Cool to 70° F within 2 hours and from 70° F to 41° F or lower within an additional 4 Hours CCP: Heat to 165° F or higher for at least 15 seconds

*Nutrients are based upon 1 Portion Size (1/4 cup)

Calories	66 kcal	Cholesterol	39 mg	Sugars	*0.0* g	Calcium	1.01 mg	24.51%	Calories from Total Fat
Total Fat	1.79 g	Sodium	23 mg	Protein	13.02 g	Iron	0.60 mg	6.88%	Calories from Saturated Fat
Saturated Fat	0.50 g	Carbohydrates	0.12 g	Vitamin A	37.3 IU	Water ¹	*2.25* g	*0.00*	Calories from Trans Fat
Trans Fat ²	*0.00* g	Dietary Fiber	0.05 g	Vitamin C	0.0 mg	Ash ¹	*0.02* g	0.70%	Calories from Carbohydrates
								79.26%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.