



825004 - Cheesy Baked Penne

Source: K12 Culinary

Number of Portions: 24

Size of Portion: 2/3 cup

Components:

Meat/Alt: 2 oz

Grains: 1 oz

Fruit:

Vegetable:

Milk:

Recipe Subgroups:

Whole Grain Rich

Attributes:

Meat/Meat Alter
Grain

HACCP Process: #2 Same Day Service

Ingredients	Measures	Instructions
825003R Marinara Sauce: School Made.....	1 qt	Prepare school made marinara sauce by the recipe and measure 1 quart needed. Cool the remaining sauce and store in refrigerator for other recipes or menu items.
014429 WATER,MUNICIPAL.....	1 qt	Spray 2-inch deep full-size steamtable pan with pan release. In large mixing bowl, combine the 1 quart of marinara sauce, water, and cottage cheese. Stir to combine well. Stir in the dry penne pasta and pour mixture into prepared pan.
001016 CHEESE,COTTAGE,LOWFAT,1% MILKFAT.....	2 lbs + 4 ozs	
050459 ROTINI, WHOLE GRAIN, DRY.....	1 lb + 8 ozs	
050339 CHEESE, MOZZARELLA, LITE, FROZEN, SHREDD....	12 ozs	Top with 12 oz. of shredded mozzarella cheese and sprinkle with 2 teaspoons dried basil. Cover pan with aluminum foil - be sure to spray the underside of the foil with pan release to prevent sticking to cheese.
002003 SPICES,BASIL,DRIED.....	2 tsp	
		<p>Bake covered at 350 degrees F for 40 minutes. Remove foil and continue to bake for another 10 to 20 minutes. Cover and hold for service.</p> <p>Serve 2/3 cup portion using a no. 6 disher or cut each pan 6 X 4 and serve with a spatula or spoon.</p> <p>It is recommended to prepare this product for just in time service for just in time service to minimize leftovers as the item is not good quality or appearance when reheated.</p> <p>CCP: Heat to 135° F or higher.</p> <p>CCP: Hold at 135° F or higher.</p>

*Nutrients are based upon 1 Portion Size (2/3 cup)

Calories	188 kcal	Cholesterol	9 mg	Sugars	*1.6* g	Calcium	146.94 mg	15.74%	Calories from Total Fat
Total Fat	3.29 g	Sodium	267 mg	Protein	13.14 g	Iron	1.60 mg	9.13%	Calories from Saturated Fat
Saturated Fat	1.91 g	Carbohydrates	26.70 g	Vitamin A	259.2 IU	Water ¹	*76.73* g	*0.00%*	Calories from Trans Fat
Trans Fat ²	*0.00* g	Dietary Fiber	2.52 g	Vitamin C	1.8 mg	Ash ¹	*0.64* g	56.86%	Calories from Carbohydrates

	27.98% Calories from Protein
<div>*N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient</div> <div>* - denotes combined nutrient totals with either missing or incomplete nutrient data</div> <div>¹ - denotes optional nutrient values</div> <div>² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.</div>	