



825083 - Cheese Pizza Flatbread

Source: K12 Culinary
 Number of Portions: 24
 Size of Portion: each

Components:

Meat/Alt: 2 oz
 Grains: 2 oz
 Fruit:
 Vegetable: 0.5 cup
 Milk:

Recipe Subgroups:

Whole Grain Rich
 Vegetable, Red/Orange

Attributes:

Meat/Meat Alter
 Vegetables
 Grain

HACCP Process: #2 Same Day Service

Ingredients	Measures	Instructions
826494 Flatbread, Oven Fired, WGR, Rich's 14010.....	24 each, 2.2 oz	Thaw flatbread overnight at room temperature.
825003R Marinara Sauce: School Made.....	1 qt + 1 PT	Prepare Marinara Sauce according to the recipe. Use 1 1/2 quart to top flatbreads and save 1 1/2 quarts to portion for additional dipping sauce. Store any leftover sauce in refrigerator and use for other recipes.
001032 CHEESE, PARMESAN, GRATED..... 826499 Cheese, Pizza Blend, 50/50 Moz/Prov, DFA....	12 ozs 2 lbs + 4 ozs	Combine parmesan and pizza blend cheese. Spray full size sheet pan(s) with pan release. Place 8 flatbreads on each full size sheet pan. Using a 2 oz. spoodle, top each flatbread with ¼ c marinara sauce. Use the bottom of the utensil to spread the sauce. Using a 4 oz. spoodle, distribute 2 oz. of cheese mixture evenly over the top
		Bake in convection oven at 375 degrees F for about 5 minutes. CCP: Heat to 135° F or higher.
825003R Marinara Sauce: School Made.....	1 qt + 1 PT	Portion 1/4 cup Marinara Sauce into 2 oz portion cups. Serve 1 flatbread with cup of Marinara Sauce. This recipe is best quality when prepared for just in time service to avoid excessive leftovers. CCP: Hold for hot service at 135° F or higher

*Nutrients are based upon 1 Portion Size (each)

Calories	1737 kcal	Cholesterol	46 mg	Sugars	*3.6* g	Calcium	451.16 mg	10.79%	Calories from Total Fat
Total Fat	20.83 g	Sodium	1062 mg	Protein	21.50 g	Iron	*1.55* mg	5.33%	Calories from Saturated Fat
Saturated Fat	10.30 g	Carbohydrates	43.78 g	Vitamin A	914.5 IU	Water ¹	*10.18* g	*0.06%*	Calories from Trans Fat
Trans Fat ²	*0.12* g	Dietary Fiber	3.56 g	Vitamin C	5.2 mg	Ash ¹	*1.08* g	10.08%	Calories from Carbohydrates
								4.95%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.