

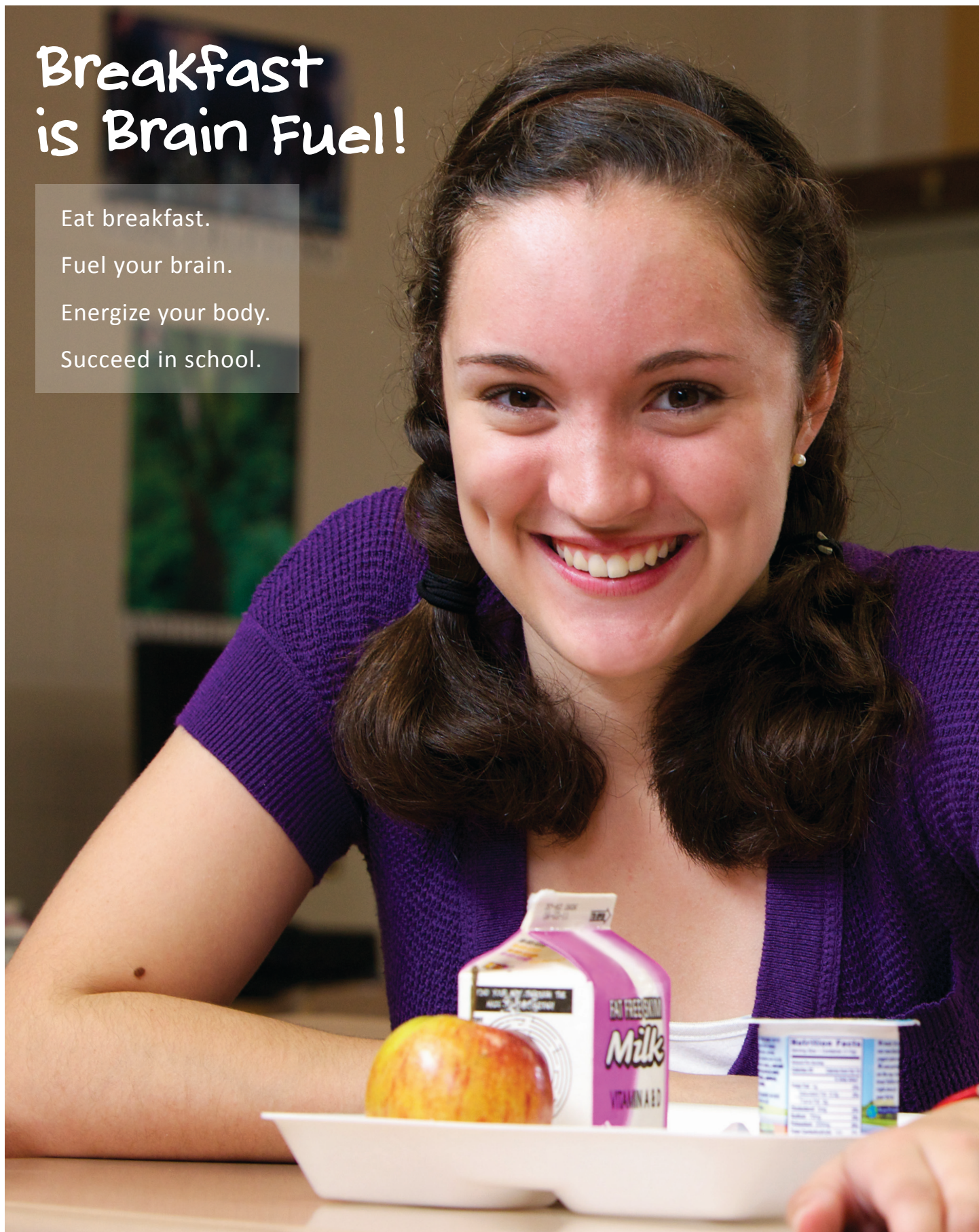
# Breakfast is Brain Fuel!

Eat breakfast.

Fuel your brain.

Energize your body.

Succeed in school.



Developed by the N.C. Nutrition Education and Training Program, Nutrition Services Branch, Division of Public Health, N.C. Department of Health and Human Services with funding from Child Nutrition Services, N.C. Department of Public Instruction.  
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