

# PORTRAIT of a GRADUATE



EMPATHY

## EMPATHY: I CAN STATEMENTS

I Can Statements, derived from the North Carolina Portrait of a Graduate Durable Skills rubrics, place students at the center of assessing and improving their performance with the durable skills. They are meant to be used by students to make sense of the durable skills, self-assess, and reflect about their performance during and at the culmination of learning experiences. I Can Statements increase clarity about expectations and help students understand what they need to work towards.

### GRADES 9-12

#### 1. Perception of Self and Others

- a. I can seek and consider the feelings, perspectives, and experiences when interacting with others virtually and in person.
- b. I can demonstrate the value that the feelings, perspectives, and experiences of others bring to a variety of situations.

#### 2. Relationships

- a. I can create positive and supportive relationships with others.
- b. I can appreciate and respect the feelings, perspectives, and experiences of others.
- c. I can advocate for myself and others when necessary.

#### 3. Diverse Perspectives

- a. I can ask questions to help me better understand the viewpoints of others.

#### 4. Effective Listening

- a. I can identify the feelings and ideas behind the speaker's message that may not be spoken in words.
- b. I can deepen my understanding of the speaker's message by considering the words that are said as well as those that are not.
- c. I can reflect on the speaker's message and attempt to understand it from their point of view.
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