



EMPATHY

## EMPATHY: I CAN STATEMENTS

I Can Statements, derived from the North Carolina Portrait of a Graduate Durable Skills rubrics, place students at the center of assessing and improving their performance with the durable skills. They are meant to be used by students to make sense of the durable skills, self-assess, and reflect about their performance during and at the culmination of learning experiences. I Can Statements increase clarity about expectations and help students understand what they need to work towards.

### GRADES 6-8

#### 1. Perception of Self and Others

- a. I can understand the feelings, perspectives, and experiences of myself and others when interacting virtually and in person.

#### 2. Relationships

- a. I can create positive and supportive relationships with others.
- b. I can appreciate and respect the feelings, perspectives, and experiences of others.

#### 3. Diverse Perspectives

- a. I can ask questions to help me better understand the viewpoints of others.

#### 4. Effective Listening

- a. I can show others that I am listening by taking notes, asking thoughtful questions, summarizing, and being mindful of my expressions and behaviors.
- b. I can ask questions that encourage the speaker to share more information.