****

**T-Chart for Improving Adaptability Skills:**

**Grades 3-5**

Select one of the following Adaptability skills. Complete the T-Chart. Then, circle a “Look Like” and “Sound Like” behavior as your focus for improvement.

**Agility:**

* I can choose appropriate responses and strategies when faced with challenging situations that may require change.

**Responding to Feedback:**

* I can revise my work in response to specific feedback.

**Inclusiveness:**

* I can invite others to share their ideas, beliefs, and practices.

**When I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, it would…**

| **Look like… (Be very specific)** | **Sound like… (Be very specific)** |
| --- | --- |
|  |  |

(To be completed at the end of a unit or performance task.)

| **Reflect: How did you improve your ability to demonstrate this skill?** |
| --- |
|  |