



North Carolina Department of Health and Human Services
Division of Public Health

Pat McCrory
Governor

Richard O. Brajer
Secretary

Daniel Staley
Acting Division Director

2015-2016 School Year Diabetes Training in the School Setting: Resources for Charter Schools

Each charter school is required under **§ 115C-375.3** (SB 911 and SB 938) to provide care for students with diabetes in the manner described in statute and to report on that care by June 1 of each school year. The on-line report is available in May (the 2014-15 report is complete) and the required components are addressed in the following questions:

1. How many students with diabetes were enrolled in your LEA / charter school this past school year?
2. If one or more to #1: Does your LEA offer annual generalized diabetes training to school staff, system-wide?
3. If one or more to #1: Did your LEA / charter school have at least two persons who were intensively trained on diabetes care, in any school in which one or more students with diabetes were enrolled?
4. If one or more to #1: How many students with diabetes, upon notification and parental request, had an Individual Health Plan (IHP) completed by a school nurse or other medical professional in the past school year?

Responses are submitted to the North Carolina State Board of Education each year.

School resources to aid in compliance are provided below; however this year we also have formal training available for any school staff members that provide care to students with diabetes on October 14th at the Koury Convention Center in Greensboro. The training is 1:00 – 5:00 and titled: **Have you Heard? It's Not Like Your Grandma's Diabetes Anymore!** Information and registration is available at <http://sph.unc.edu/nciph/nciph-school-nurse-precon/>

These resources will assist the charter school in the care of students with diabetes. The American Diabetes Association (ADA) provides materials for school use that were also the basis for creating the North Carolina guidelines required under **§ 115C-375.3** (SB 911 and SB 938). Forms for written care plans and other documents are available at

<http://www.diabetes.org/living-with-diabetes/parents-and-kids/diabetes-care-at-school/>

Training videos and power point presentations are also at this site in addition to being posted on YouTube at

<https://www.youtube.com/watch?v=ih1NXYx2k9g&feature=share&list=EC3DE9DDE8EB2A2E56>

These videos cover the required general information about diabetes and how to recognize signs of high and low blood sugar. Records of training should be maintained for compliance reporting. In the absence of a school nurse, the medical management plan should be completed by the student's health care provider with the input of the parents. The student specific intensively trained school staff persons, the health care provider and the family form a team in support of the diabetic student in school. The intensively trained school staff persons also need individual student care instruction in procedures (such as blood glucose monitoring) and the medical plan. Suggestions for obtaining this instruction include the use of the student's health care provider, the parents, and/or other locally available qualified individuals (explore potential options with LEA school nurses, local health department staff person, local medical center clinic, etc.)

The videos at the YouTube site are suitable for the two levels of care in schools as indicated.

Generalized Training and Intensive Training - Total Time Required, 20 minutes

Safe at School Introduction
Chapter 1, Diabetes Basics
Chapter 2, Diabetes Medical Management Plan

www.ncdhhs.gov • www.publichealth.nc.gov
Tel 919-707-5667 • Fax 919-870-4880

Location: 5605 Six Forks Road • Raleigh, NC 27609

Mailing Address: 1931 Mail Service Center • Raleigh, NC 27699-1931

An Equal Opportunity / Affirmative Action Employer



Chapter 3, Hypoglycemia
Chapter 4, Hyperglycemia
Chapter 12, Nutrition and Physical Activity
Chapter 13, Legal Considerations

Intensive Training Only - Select the Student Specific Insulin Method (8,9,10) – Total Time Required, 15 minutes

Chapter 5, Blood Glucose Monitoring
Chapter 6, Glucagon Administration
Chapter 7, Insulin Basics
Chapter 8, Insulin by Syringe and Vial
Chapter 9, Insulin by Pen
Chapter 10, Insulin by Pumps
Chapter 11, Ketones

The NC Division of Public Health School Health Nurse Consultant team is available for assistance related to resources for health care needs in charter schools. Please review the map at this link to contact your region specific consultant, if needed.

<http://www.ncdhhs.gov/dph/wch/doc/aboutus/maps/RSNCmap2014.pdf>

Ann O. Nichols RN, MSN, NCSN
State School Health Nurse Consultant
Ann.nichols@dhhs.nc.gov
919-707-5667