

EMOTION REGULATION STRATEGIES

Single Child Documentation Form



Child:	This form is a resource for recording evidence before entering it in the technology platform. Remember to identify a learning status for each piece					
	of evidence you document. Note that a child's learning status may be "Emerging" if he/she has not yet reached Skill A.					
Skill A	Skill B	Skill C	Skill D	Skill E		
When offered strategies for	When offered strategies for	Sometimes uses learned	Consistently uses learned	Independently uses learned		
regulating the expression of	regulating the expression of	strategies independently to	strategies independently to	strategies for regulating emotions		
emotions, begins to use the	emotions, consistently uses the	regulate the expression of	regulate the expression of	during complex contextual		
strategies offered with continual	strategies offered with minimal	emotions during routine activities.	emotions during routine activities.	transitions (e.g., exposed to		
support.	support.			multiple stimuli simultaneously), to accomplish a different or new type of task, because of interruptions, or because of changes in the daily routines.		
WATCH FOR:	WATCH FOR:	WATCH FOR:	WATCH FOR:	WATCH FOR:		
Repeated reminders to regulate emotions and/or strategies needed.	Infrequent need for reminders to regulate emotions and immediate response to strategies if offered.	Regulation of emotion with and without the need for reminders or strategies offered.	Regulation of emotion without need for reminders or strategies offered; child meets expectations of the environment without prompting.	Regulation of emotion or child meets expectations of the environment without prompting during more emotionally demanding situations.		
Evidence and Notes (Describe what you observed that provides evidence for the skill selected. Describe any prompts used. Note that a child may be "Emerging" if not yet at Skill A.)						
1. Date:	Observation Situation					
				Learning Status:		
2. Date:	Observation Situation					
				Learning Status:		



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Evidence and Notes (Describe what you observed that provides evidence for the skill selected. Describe any prompts used. Note that a child may be "Emerging" if not yet at Skill A.)				
3. Date:	Observation	Situation		
			Learning Status:	
4. Date:	Observation	Situation		
			Learning Status:	
5. Date:	Observation	Situation		
			Learning Status:	