Commonly Used APE Assessment/Evaluation Tools

All Physical Education (PE) evaluations should be individualized and provide the IEP team with necessary information and student performance data. This report should give a picture of the student's strengths and need in PE so the team can develop an appropriate IEP to ensure the student's participation in and progress through the Healthful Living curriculum. While evaluations can be collaborative, someone knowledgeable about the PE curriculum (not solely a PT or OT) should provide the PE evaluation. As stated previously, evaluations are individualized but examine areas of performance, including but not limited to: Participation, Fitness, Gross Motor Skills, Motor Pattern Development. The listing below reflects some frequently employed tools but is not an endorsement of any tool. Collecting data with one of these tools may still be an insufficient evaluation of a student's strengths and needs in PE and lack information needed to develop the specially designed instruction/APE if required.

1. http://www.pecentral.org/adapted/adaptedassessmentchart.html
   This is an excellent chart that outlines various assessments

2. Competency Test of Adapted Physical Education (CTAPE)
   www.twu.edu/downloads/inspire/CTAPE_2008.pdf
   - contains minimum standards for RPE in grades K – 10
   - not biased against a racial or gender group
   - fairly well balanced with regard to being challenging without being frustrating
   - discriminates between children who have average motor skills and children who have significantly below average motor skills
   - helps identify specific errors in each skill
   - consists of six testing levels, each addressing the identified grade level minimum standards in the competency based curriculum for RPE. Chronological age is the determining factor in selecting the appropriate testing level.
     I 6 years 0 months - 7 years 6 months
     II 7 years 7 months - 8 years 11 months
     III 9 years 0 months - 10 years 11 months
     IV 11 years 0 months - 12 years 11 months
     V 13 years 0 months - 14 years 11 months
     VI 15 years and older

3. Body Skills - Motor Skills Inventory (modified) Out of print
   Available for loan from the APE department at Charlotte-Mecklenburg Schools. 980-343-2684

4. Test of Gross Motor Development 2 (TGMD-2) Available from lending library
   - Norm referenced measure of common gross motor skills
     - Run, gallop, hop, strike, kick, throw, etc…
   - Used for students ages 3 through 10-11
   - Comes with detailed illustrations of each task
   - Additional scoring packets available for order ($67.00/per packet)
   - Differentiates between average and significantly below average gross motor skills
   - http://www.proedinc.com/customer/productView.aspx?ID=1776

5. Developmental Programming For Infants and Young Children - Michigan MATP

6. Modified Motor Skills Inventory (have copy)

7. Motor Activities Training Program (MATP)- Skills Assessment
   The MATP is a good, quick abilities checklist for students with severe limitations. It looks at sensory awareness, mobility, wheelchair use, dexterity, striking, and kicking.
   The modified version is available for loan from the APE department at Charlotte-Mecklenburg Schools. 980-343-2684

8. LEA specific skills checklist (Contact nc-ape-ac)

9. Bruininks-Oseretsky Test of Motor Proficiency (BOTMP)
   Author: Robert Bruininks, ----Oseretsky
   Purpose: Developmental motor skills
   Age Range: 4.5 –14.5 years
   Areas Tested: Balance, strength, coordination, running speed and agility, upper limb coordination (ball skills), dexterity, fine motor control, visual-motor

10. University of Virginia (with permission)

11. San Luis Obispo DS GMS

12. Sherril's check list

13. Region 10

14. PS-Social and recreation assessment

15. K-MS-Univ of Virginia

16. PS-McRel

17. FitnessGram

18. Essential Standards/Healthful Living http://www.dpi.state.nc.us/acre/standards/new-standards/#healthful

19. Observation and description/stopwatch data from PE Class