

# Social and Emotional Learning Implementation

## NC Department of Public Instruction

### SEL Defined



### Core SEL Competencies

Social and emotional learning (**SEL**) is the process through which children and adults understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions (CASEL).

Where do students need social emotional skills?



Nick Yoder for CASEL and AIR (Yoder, 2018)

Research on SEL indicates connections with achievement and an overall **impact** on students.

See this **meta-analysis summary** on SEL's impact.

### SEL Impact

## EQUITY

CASEL believes "SEL instruction and opportunities are essential to an effective and sound education for all children and youth regardless of race, socioeconomic status, gender, and/or other cultural differences." Our State Board of Education (SBE) supports both Whole Child and equity through the 2025 Statewide Strategic Plan.

**CASEL Equity SBE Plan**  
**SBE Brochure**

### SEL Connections

#### NC MTSS WSCC

SEL is integrated throughout the layers of a Multi-Tiered System of Support.

SEL supports NC Healthy Schools' implementation and multiple components of our Whole School, Whole Community, Whole Child model.

**SEL & MTSS**  
**SEL/MTSS/PBIS**

**Whole Child**

#### SCHOOL MENTAL HEALTH

SEL supports school mental health and wellness of students and staff. SEL is asset based, preventative, and proactive in ensuring mental wellness in all students.

**Mental Health, Trauma and Well-Being**  
**Project ACTIVATE**  
**NCSMHI**

#### CTE

SEL supports the mission of Career and Technical Education empowering students to be successful citizens, workers, and leaders in a global economy.

**Career & Technical Education**

# Summary of NC SEL Implementation Plan

## BUILD FOUNDATIONAL SUPPORT & PLAN



North Carolina has created an implementation plan for scaling up integrated social emotional learning across our state. We are establishing our working groups; developing a shared, statewide vision; assessing our needs and resources; developing our communication plan; and aligning our resources and policies.

## STRENGTHEN ADULT SEL COMPETENCIES & CAPACITY



North Carolina is developing adult expertise on SEL through our professional learning systems. We will create conditions to support SEL across the educator pipeline; strengthen adult social and emotional competence and leadership to advance SEL through collaboration with districts, communities, and families; and promote equity through SEL.

## PROMOTE SEL FOR STUDENTS



North Carolina is promoting and supporting adoption and implementation of evidence-based programs and practices and promoting SEL integration with academic standards and other school based frameworks. We will support implementation of Prek-12 SEL competencies; develop and strengthen family partnerships through policies, systems, and supports; and develop and strengthen SEL-related community partnerships.

## USE DATA FOR CONTINUOUS IMPROVEMENT



North Carolina is creating a state-level SEL Data Evaluation Plan to include mapping existing student outcome and adult implementation data. We will develop strategies and tools for supporting SEL implementation for continuous improvement using a problem solving model.

## NC SEL Implementation Timeline

**September 2019:**  
Representatives from EC, IABS, OEL, and SCI develop initial goals and attend CASEL Southeast Regional Meeting



**November 2019:**  
NC officially joins **CASEL's Collaborating States Initiative (CSI)** with over 30 states



**January 2020:**  
SCI map/align standards with **CASEL's Core SEL Competencies** and draft State SEL Data Evaluation Plan



**March 2020:**  
Communication Plan launches



**November 2019:**  
Representatives\* review **CASEL's State Theory of Action Tool**, complete state rating, and begin development of State SEL Implementation Plan  
\*NCDPI (CTE, EC, IABS, Homeless Education, NC Center for Safer Schools, OEL, SCI), Districts (Project AWARE and MHTTC) and DHHS



**December 2019:**  
NC SEL Implementation Team forms and begins monthly meetings



**February 2020:**  
Key stakeholders identified



**Next steps:**  
Map regional and state SEL teaming structures, strengthen Adult SEL, launch SEL website, identify and leverage key resources supporting systemic SEL






# SEL Resources

## Free Online Courses

	Course Name	Audience	Resources	Access:
	SEL for Educators	All Educators	<a href="#">Course Overview</a> <a href="#">Course Flyer</a>	<ul style="list-style-type: none"><li>• Register now at <a href="https://go.ncsu.edu/selcourse">go.ncsu.edu/selcourse</a></li><li>• Course started February 17</li><li>• Enrollment extended through August 1</li></ul>
	Core SEL Practices	District and School Teams	<a href="#">Course Flyer</a>	<ul style="list-style-type: none"><li>• Course started September 2019</li><li>• Enroll through District/Charter MTSS Coordinator</li></ul>

## Free Online Resources

	Resource Name	Audience	Access:
	CASEL District Resource Center	Superintendents, District-level Staff and District-level Teams	<ul style="list-style-type: none"><li>• <a href="https://drc.casel.org/">https://drc.casel.org/</a></li></ul>
	CASEL Guide to School-wide SEL	School-level Staff and School-level Teams	<ul style="list-style-type: none"><li>• <a href="https://schoolguide.casel.org/">https://schoolguide.casel.org/</a></li></ul>
	CASEL SEL in Homes & Communities	Parents, Families and Community Organizations	<ul style="list-style-type: none"><li>• <a href="https://casel.org/homes-and-communities/">https://casel.org/homes-and-communities/</a></li></ul>

## Connect with your SEL community



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**#SEL**  
**@caselorg**



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