North Carolina’s Career & College Promise Dual Enrollment Program

In North Carolina, eligible high school students can earn credentials and college credits tuition-free from North Carolina colleges and universities through Career & College Promise, a statewide dual enrollment program. Three pathways are available.

**Cooperative Innovative High Schools pathway**

Earn an associate degree or 2 years of college credit at an approved high school partnered with a college or university (e.g., an early college).

**College Transfer pathway**

Take dual enrollment classes that lead to an associate degree or to meet general education requirements at a 4-year college.

**Career and Technical Education pathway**

Take dual enrollment classes to earn college credits leading to technical credentials or workforce-based careers.

Enrollment in a Cooperative Innovative High School led to **positive outcomes** for students in the **transition from high school to college**.

The study looked at students who attended a CIHS over 10 years and found positive effects for CIHS students, on average, compared to similar students who did not attend a CIHS.¹

CIHS students **did better on key indicators of the transition from high school to college** than non-CIHS students.

- More **COLLEGE CREDITS** earned while in high school²
  - 6x more
- More likely to **GRADUATE** from high school³
  - 2+ percentage points higher
- More likely to ever **ENROLL** in college⁴
  - 27+ percentage points higher

**About the Study**

Compiled demographic and academic achievement data for over 800,000 high school students who participated in North Carolina’s CIHS pathway from 2009–10 to 2018–19 and a comparison group of similar students who did not enroll in a CIHS.

Used a quasi-experimental design to analyze short-term and long-term outcomes of CIHS enrollment, including high school absences, high school GPA, college credits earned in high school, graduation from high school, and enrollment in a North Carolina public postsecondary institution.

This study is supported by the Institute of Education Sciences at the U.S. Department of Education through Grant R305H190036 to the University of North Carolina at Greensboro. To learn more about the study, email Julie Edmunds at jedmunds@serve.org.
The impacts of attending a CIHS were particularly strong for groups historically underrepresented in higher education.\(^5\)

CIHS students from underrepresented racial/ethnic groups\(^5\) or economically disadvantaged households benefited more from program participation than did non-underrepresented or non-disadvantaged students.\(^1\)

**Who enrolls in Cooperative Innovative High Schools?**

**How to read this graph:** Five percent of all Grade 12 students in North Carolina were enrolled in a CIHS in 2018–19. Enrollment rates for specific student groups varied (for example, 6% of all female students and 4% of all male students participated).

**EVER ENROLLED IN NORTH CAROLINA PUBLIC COLLEGE\(^1\)**

- **29 percentage point increase\(^6\)**
- **26 percentage point increase**

<table>
<thead>
<tr>
<th>Underrepresented racial/ethnic groups</th>
<th>Non-underrepresented racial/ethnic groups</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-CIHS</td>
<td>CIHS students</td>
</tr>
<tr>
<td>63%</td>
<td>70%</td>
</tr>
</tbody>
</table>

**HIGH SCHOOL GRADUATION\(^2\)**

- **3 percentage point increase**
- **1 percentage point increase\(^5\)**

<table>
<thead>
<tr>
<th>Economically disadvantaged</th>
<th>Non-economically disadvantaged</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-CIHS</td>
<td>CIHS students</td>
</tr>
<tr>
<td>91%</td>
<td>94%</td>
</tr>
<tr>
<td>96%</td>
<td>98%</td>
</tr>
</tbody>
</table>

**EVER ENROLLED IN NORTH CAROLINA PUBLIC COLLEGE\(^1\)**

- **32 percentage point increase**
- **21 percentage point increase**

<table>
<thead>
<tr>
<th>Economically disadvantaged</th>
<th>Non-economically disadvantaged</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-CIHS</td>
<td>CIHS students</td>
</tr>
<tr>
<td>60%</td>
<td>75%</td>
</tr>
<tr>
<td>92%</td>
<td>96%</td>
</tr>
</tbody>
</table>

**Who enrolls in Cooperative Innovative High Schools?**

**Gender:**
- 6% Female
- 4% Male

**Race/Ethnicity:**
- 7% Asian
- 5% Hispanic
- 5% Black
- 5% Multiracial
- 4% White
- 4% Native American
- 5% Pacific Islander

**Socioeconomic Status:**
- 5% Non-economically disadvantaged
- 5% Economically disadvantaged

---

\(^1\) Based on a comparison of students who enrolled in a CIHS in Grade 9 from 2009–10 to 2015–16 to students who did not attend a CIHS. Comparison students may have taken CTE or College Transfer dual enrollment courses.

\(^2\) College credits earned through Grade 12. (Some CIHS go to Grade 13.)

\(^3\) Five-year high school graduation rate.

\(^4\) Enrollment in a college course at a North Carolina community college or University of North Carolina school at any point from Grade 9 through 2 years after Grade 12.

\(^5\) Racial/ethnic groups that are historically underrepresented in postsecondary education include Black, Hispanic, Native American, and multiracial students.

\(^6\) The reported difference does not align to the reported rates due to rounding.

---

For more information on the Career & College Promise CIHS pathway, see this website (https://bit.ly/3dm2i9T) from the North Carolina Department of Public Instruction. To enroll, speak with your high school guidance counselor or your local CIHS. To learn more about the study’s findings about the other CCP pathways, see the other infographics in this series.