**PSU School Mental Health Plan**

**(per NC SBOE Policy** [**SHLT-003**](https://drive.google.com/file/d/1jtAf-9oZX3huYL9FVNe4qoc7emJo74Ii/view?usp=sharing)**)**

It is strongly recommended that a local needs assessment and resource mapping be conducted before completing the SMH plan below. Completion of the [SHAPE Quality Assessment](https://www.theshapesystem.com/wp-content/uploads/2020/04/SMHQA-4.16-district-Version.pdf) and/or use of the [needs assessment](https://sites.google.com/dpi.nc.gov/ncdpiselremotelearning/home/recommendation-1-needs-assessment) and [resource mapping](https://sites.google.com/dpi.nc.gov/ncdpiselremotelearning/home/recommendation-2-resource-mapping) tools on the [NCDPI SEL and Crisis Response Practice Guide](https://sites.google.com/dpi.nc.gov/ncdpiselremotelearning/home) will provide the data needed for the targeted improvement planning below. PSUs whose District MTSS teams have completed the Core SEL Practices course and developed a Core SEL implementation plan around instruction, curriculum, and environment will be well situated to develop a compliant local improvement plan for promoting student health and well-being.

**PSU Compelling Why & Vision for SEL and School Mental Health Improvement:** *[insert your vision statement here]*

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| **Content Questions** | **Description/ Action Items/ Status** | **Person(s) Responsible & Timeline** |
| **What data did you use to determine your strengths & needs?**  **Describe what your strengths & needs are.**  (examples of data: FAM-S, YRBS, School Health Services Report, Healthy Active Children Report, PowerSchool/Infinite Campus, Say Something, SHAPE, ECATS, District Report Cards) |  |  |
| **What are your existing PSU SEL/ MH prevention initiatives through instruction, curriculum, and environment?**  \*May Refer to your Social, Emotional, and Behavioral (SEB) Plan  (examples: MTSS, trauma-informed schools, restorative practices, character education, WSCC framework, bullying prevention, etc.) |  |  |
| **How are you building and aligning infrastructure?**  **What is your training plan?**  (May be listed in this section or as an appendix/linked document)  **Do you have a suicide risk referral protocol?**  (Must be an appendix/linked document)  **Are you increasing SISP staffing ratios? If so, how?**  **What relevant stakeholders are engaged in SMH work to strengthen SEL and SMH prevention?** |  |  |
| **How do you collect data for the SISP annual report?**  **How is the data monitored?** |  |  |
| **How do you align SEL & SMH with academic objectives?**  [NC SEL Standards Mapping Documents](https://drive.google.com/file/d/1zRGgmr-bWd2pti6FR9u_oyRnWFZj9KZe/view?usp=sharing)  [Webinar Series Recordings: Integrating SEL into the Content Areas](https://drive.google.com/file/d/1AxM8JGvkhCpELWnx5XDkYxWLfE5q1EE4/view?usp=sharing)  [Aligning SEL and Academic Objectives](https://schoolguide.casel.org/focus-area-3/classroom/integration-of-sel-and-instruction/aligning-sel-and-academic-objectives/)  [Aligned SEL Sample Lesson Plan](https://drive.google.com/file/d/1bL2o-8NDvWluxsjiGZxf5lNFDSOwMCMF/view) |  |  |
| **How are you incorporating physical activity into the classroom?**  **Describe by grade categories of elementary, middle, & high school.** |  |  |
| **How will you evaluate your SMH efforts?**  [Create SEL/ MH Data Evaluation Plan](https://docs.google.com/document/d/1Wf9dHAI658s2yzypx9XuSA2RwwBFaGi2fK9V1TOhOyY/edit?usp=sharing)  [School Mental Health Quality Guide: Screening](http://www.schoolmentalhealth.org/media/SOM/Microsites/NCSMH/Documents/Quality-Guides/Screening-1.27.20.pdf)  [MTSS Assessment Guidelines](https://www.livebinders.com/media/get/MTUwNDEyMjE=) |  |  |
| **What are your SMH efforts for early intervention?**  How do you identify:   * students who are at risk of developing SEL and/or mental health issues at school, and * students experiencing SEL and/or mental health issues at school?   How do you provide intervention for at-risk or struggling students?  Describe the annual review of:   * crisis intervention policies, practices, and personnel, * discipline policies, practices, and personnel; involvement in local community emergency preparedness plan.   Describe any other efforts.  [MTSS Module 2.4 Develop a Behavior/ Social-Emotional and Attendance Component to System of Interventions](https://www.livebinders.com/play/play/2052295?tabid=a118a0bb-3395-5fe0-20ac-04c1a6773203) |  |  |
| **What are your SMH efforts for treatment, referral, and re-entry?**  How do you improve:   * access to school-based and community-based services for students and their families? * transitions between and within school and community-based services? * protocol for students re-entering school following acute/residential mental health treatment?   Describe any other efforts. |  |  |

**Attach your detailed training plan if not detailed above.**

**Attach your Suicide Risk Referral Protocol.**