



PUBLIC SCHOOLS OF NORTH CAROLINA

State Board of Education | Department of Public Instruction

PSU School Mental Health Plan (per NC SBOE Policy [SHLT-003](#))

It is strongly recommended that a local needs assessment and resource mapping be conducted before completing the SMH plan below. Completion of the [SHAPE Quality Assessment](#) and/or use of the [needs assessment](#) and [resource mapping](#) tools on the [NCDPI SEL and Crisis Response Practice Guide](#) will provide the data needed for the targeted improvement planning below. PSUs whose District MTSS teams have completed the Core SEL Practices course and developed a Core SEL implementation plan around instruction, curriculum, and environment will be well situated to develop a compliant local improvement plan for promoting student health and well-being.

PSU Compelling Why & Vision for SEL and School Mental Health Improvement: *[insert your vision statement here]*

Content Questions	Description/ Action Items/ Status	Person(s) Responsible & Timeline
<p>What data did you use to determine your strengths & needs?</p> <p>Describe what your strengths & needs are.</p> <p>(examples of data: FAM-S, YRBS, School Health Services Report, Healthy Active Children Report, PowerSchool/Infinite Campus, Say Something, SHAPE, ECATS, District Report Cards)</p>		

<p>What are your existing PSU SEL/ MH prevention initiatives through instruction, curriculum, and environment?</p> <p>*May Refer to your Social, Emotional, and Behavioral (SEB) Plan (examples: MTSS, trauma-informed schools, restorative practices, character education, WSCC framework, bullying prevention, etc.)</p>		
<p>How are you building and aligning infrastructure?</p> <p>What is your training plan? (May be listed in this section or as an appendix/linked document)</p> <p>Do you have a suicide risk referral protocol? (Must be an appendix/linked document)</p> <p>Are you increasing SISP staffing ratios? If so, how?</p> <p>What relevant stakeholders are engaged in SMH work to strengthen SEL and SMH prevention?</p>		

<p>How do you collect data for the SISP annual report?</p> <p>How is the data monitored?</p>		
<p>How do you align SEL & SMH with academic objectives?</p> <p>NC SEL Standards Mapping Documents</p> <p>Webinar Series Recordings: Integrating SEL into the Content Areas</p> <p>Aligning SEL and Academic Objectives</p> <p>Aligned SEL Sample Lesson Plan</p>		
<p>How are you incorporating physical activity into the classroom?</p> <p>Describe by grade categories of elementary, middle, & high school.</p>		
<p>How will you evaluate your SMH efforts?</p> <p>Create SEL/ MH Data Evaluation Plan</p>		

School Mental Health Quality Guide: Screening MTSS Assessment Guidelines		
<p>What are your SMH efforts for early intervention?</p> <p>How do you identify:</p> <ul style="list-style-type: none"> • students who are at risk of developing SEL and/or mental health issues at school, and • students experiencing SEL and/or mental health issues at school? <p>How do you provide intervention for at-risk or struggling students?</p> <p>Describe the annual review of:</p> <ul style="list-style-type: none"> • crisis intervention policies, practices, and personnel, • discipline policies, practices, and personnel; involvement in local community emergency preparedness plan. <p>Describe any other efforts.</p> <p>MTSS Module 2.4 Develop a Behavior/ Social-Emotional and Attendance Component to System of Interventions</p>		
<p>What are your SMH efforts for treatment, referral, and re-entry?</p> <p>How do you improve:</p> <ul style="list-style-type: none"> • access to school-based and community-based services for students and their families? 		

<ul style="list-style-type: none"> • transitions between and within school and community-based services? • protocol for students re-entering school following acute/residential mental health treatment? <p>Describe any other efforts.</p>		
---	--	--

Attach your detailed training plan if not detailed above.

Attach your Suicide Risk Referral Protocol.